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# UNITY

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# POWER; DOMINION; MASTERY

CHARLES FILLMORE

MAN DOES not exercise the power and authority of his spiritual nature because he lacks understanding of its character and of his relation to the originating Mind in which he exists. Power over thought, the forces of soul, and in truth, power over all ideas, is what man inherits from Divine Mind. A quickening from on high is necessary to this accomplishment. The baptism of the Holy Spirit is a quickening of the spiritual nature which reflects into intellect and body. When one understands the science of Being, he is prepared to receive this baptism and utilize it along broader lines of thought. Jesus had taught his disciples and followers, and they were prepared for the baptism which they received on the day of Pentecost.

"Ye shall receive power when the Holy Spirit is come upon you." The promise of power is essential to the work which Jesus Christ expects his followers to do in the great field of humanity, the world round. The command is to go into every nation and preach the Gospel. This power of the Word should also be applied by man to his individual redemption and he should speak the redeeming Word of the Spirit to the multitudinous thought-people of his own soul and body.

Among the disciples of Jesus Christ, Philip represents the power faculty of the mind. Philip means "a lover of horses;" in physical activity, the horse represents power; the ox, strength. Each of the twelve fundamental faculties of man has an ego which reflects, in a measure, the original man idea in God. The twelve disciples as egoes, have twelve centers or thrones in the body consciousness, from which they exercise their power. The will expresses its dominion from the head, wisdom from the breast, and power (the ego that forms

this subject) from the throat. Power is one branch of the great tree named "life," in Genesis. The body of the life tree is the spinal cord, over which the motor system, with branches to every part of the organism, exercises its nervous energy.

The power center in the throat controls all the vibratory energies of the organism. It is the open door between the formless and the formed worlds of vibrations pertaining to the expression of sound. Every word that goes forth receives its specific character from the power faculty. When Jesus said, "The words that I have spoken unto you are spirit, and are life," he meant that through the spoken Word he conveyed an inner spiritual quickening quality that would enter the mind of the recipient and awaken the inactive Spirit and Life. When the voice has unified with the life of the soul, it takes on a sweetness and a depth that one feels and remembers; the voice that lacks this union is metallic and superficial. Voice culture may give one tone brilliancy, but there never was a great singer who lacked the soul contact. But higher and deeper still is the voice of one who has made union with the Spirit and can say with Jesus, "Heaven and earth shall pass away: but my words shall not pass away."

When we understand this power of the Word, we have the key to the perpetuity of sacred writings. According to tradition, all the writings of the Bible were destroyed; but they were restored by Esdras, who "remembered in his heart" and re-wrote them. Modern discoveries in the realm of mind, in a measure explain this mystical statement. We know now that every word which man utters makes an imprint in the astral ethers, and where there is consciousness of God-Life in the mind of the speaker, all words become living identities and are perpetuated throughout the ages. Any one who develops sufficient spiritual power may enter this Book of Life within the Cosmic Mind and read out of its pages.

The mind and body of man have the power of transforming energy from one plane of consciousness to another. This is the power and dominion implanted in man from the beginning. According to Scripture, "God said, Let us make man in our image, after our likeness; and they shall have dominion over the fish of the sea, and over the fowl of the heaven, and over the cattle, and over all the earth, and over every creeping thing that creepeth upon the earth" (Gen. 1:26, Leeser translation). Paul corroborates this statement by calling attention to the glory of his inheritance: "Having the eyes of your heart enlightened, that ye may know what is the hope of his calling, what the riches of the glory of his inheritance in the saints, and what the exceeding greatness of his power to us-ward who believe according to that working of the strength of his might which he wrought in Christ, when he raised him from the dead, and made him to sit at his right hand in the heavenly places far above all rule and authority, and power, and dominion, and every name that is named, not only in this world, but also in that which is to come."

In the kingdom of God within man's consciousness, the Power Disciple plays an important part in controlling the expression of the many emotions, inspirations and thoughts of the soul. The voice is the most direct avenue of this expression, when man has dominion over the emotions and feelings from which the original impulse arises. The power of love makes the voice rich, warm, and mellow. Love can be set free in the soul through cultivating a loving attitude toward everybody and everything. Strength may be added by silently speaking words of strength to each of the disciples sitting upon the twelve thrones within. Power swings open all the doors of soul and body. When one feels vital and energetic, the voice is strong and vibrant and brilliant. When the soul is sorrowful, the body weakens and the voice betrays its lack by its mournful intonation. One can feel the power of unity with the Higher

Self through the vibrations of power in the throat, quicker than in any other way. This reveals that ideas rule the man. Jesus affirmed, "All power is given unto me in heaven [mind] and in earth [body]" (King James version). When Jesus made this affirmation he undoubtedly realized his innate spiritual dominion, and when he consciously attuned his spiritual identity to soul and body, there was a conscious influx of power, and his hearers said, "he taught them as one having authority, and not as their scribes."

In the process of regeneration the consciousness of power ebbs and flows, because the old and the new tides of thought act and re-act in the conscious and subconscious realms of mind. However, when a disciple realizes his unity with Omnipotence, he is but little disturbed by the changes that go on in his mind and body. He knows that his spiritual dominion is established, and that firm conviction expresses itself in firm words. He realizes that "men may come and men may go, but I go on forever." Jesus said, "Heaven and earth shall pass away, but my words shall not pass away." Here is the evidence of spiritual power united with the idea of eternity. This union destroys the thought of years and declining power, and when awakened in those who have believed in age, will transform them and make all things new.

No great vocalist ever lived but had inner spiritual power as an abiding conviction. This is strikingly illustrated today in the indomitable persistency and power in the overcoming of obstacles by the famous opera star, Galli-Curci. In the early stages of her career she was discouraged by opera managers. They told her she could never make a success, but she persevered in the unconquerable Spirit; she never gave up, and so she finally mastered every defect of the voice. This is a wonderful lesson to those who are apparently meeting with discouragements in their ongoing, those who are tempted to succumb to circumstances and con-

ditions in body and environment. Take the words of Paul, "none of these things move me," and make affirmations of your spiritual supremacy mountain high.

Some metaphysical schools warn their students against the development of power, because they fear it will be used in selfish, ambitious ways. It doubtless is true that the personal ego sometimes lays hold of the power faculty and uses it for selfish aggrandizement, and we can readily see how what is called the devil had origin. To be successful in the use and power of Being, one must be obedient in exercising all the ideas that make man. If there is an assumption of personal power, Lucifer falls "like lightning from heaven," and the adverse or carnal mind goes to and fro in the earth. The casting out of these demons of personality formed a large part of the work of Jesus, and those who follow him in the regeneration are confronted with similar states of mind and find it necessary to cast out the great demon selfishness, that claims to have power, but is a liar and the father of lies.

No great overcoming work can be done by the disciple without a certain realization of spiritual power, dominion, mastery. Without this, one easily gives up to temporal laws, soul-made and man-made. The psychic atmosphere is filled with thoughts that are not in harmony with Divine Mind. These are legion, and to overcome them one must be on his guard. Jesus said, "Watch." This means that we should quicken our discernment and ability to choose between the good and the evil. "And why even of yourselves judge ye not what is right?" This wisdom of Spirit is man's through the all-knowing and all-discerning power of Spirit within him, and he need never fear going wrong if he listens to his divine intuition. "Ye shall know the truth, and the truth shall make you free." But one can never be free until he declares his freedom. Jesus said, "I am from above." It is the prerogative of every man to make this declaration and thereby rise above the

psychisms of mortal thought. Then do not fear to develop your power and mastery. They are not to be exercised on other people, but on yourself. "He that ruleth his spirit [is more powerful] than he that taketh a city." Alexander cried because there were no more worlds to conquer, yet he had not conquered his own appetite, and died a drunkard at the age of thirty-two. Today men are striving to acquire power through money, legislation, and man-made government, and falling short at every turn because they have not mastered themselves.

Jesus said, "My kingdom is not of this world," and yet he set up a kingdom in the world greater than that of all other kings, the kingdom to which every knee must bend. In its beginning his kingdom was a very small affair, and the wise and mighty laughed to scorn the proclamation that he was a King. Yet he was a King and "every inch a King." His people have been slow to follow the laws which he promulgated for his Kingdom, but the vital integrity of his edicts is now dawning upon men in every walk of life, and they are seeing that there can be no permanent peace nor even civilization on this earth until the "golden rule," laid down by Jesus, is adopted by nations in commercial and in all other relationships. Business men are teaching the precept of Jesus, "All things therefore whatsoever ye would that men should do unto you, even so do ye also unto them," as fundamental in commercial success. Everywhere we hear them talking coöperation instead of competition. Money and large combinations of capitalists are no longer given the high places by wise financiers. Commercial seers are discerning the dawn of a new day, in which good service will be the goal instead of big profits. Here we see the coming of the Christ "as a thief in the night." The night of ignorance and destructive competition is burned out and "jocund day stands tiptoe on the misty mountain tops."

It follows that every kind of human industry must

be carried forward by a power that recognizes the Divine Law. Man is the power of God in action. To man is given the highest power in the universe, the conscious power of thought. There is a universal creative force that urges man forward to the place where he recognizes the creative power of his individual thought. This force is elemental, and all its attributes come under the dominion of man. When he coöperates with Divine Principle, man sits on the throne of his authority, and the elemental force is subject to him.

But the power and the authority which are to rule in the kingdom of heaven are dependent on man's authority and his rule in the earth. Jesus said to Peter, "Whatsoever thou shalt bind on earth shall be bound in heaven; and whatsoever thou shalt loose on earth shall be loosed in heaven." If man binds or controls the appetites, passions and emotions in the body (earth), he establishes an ability and power to control the same forces in the realms universal, out of which the heavens are formed. When he attains a freedom in the expression of the qualities inherent in soul and body, he expands in power and can set free the elements universal and restore equilibrium between heaven and earth, or Spirit and matter. When enough people have attained this power, the "new heaven and new earth," described in the twenty-first chapter of Revelation, will appear. It will not be necessary for any one to wait for the full complement of overcomers, the mystical 144,000 who are to rule the new world, but each individual who complies with the overcoming law may enter into power and sit at the right hand with Jesus on his throne. It should not be overlooked by the elect that the Scripture reads, "He that overcometh shall inherit these things." To overcome and sit with Jesus on his throne, means that man must overcome as He overcame. Jesus overcame the world, the flesh and the devil. To overcome the world one must be proof against all its allurements of riches and honor. To overcome the flesh one must

spiritualize the five-sense man until material consciousness is raised to spiritual consciousness in feeling, tasting, seeing, hearing and smelling. This will ultimate in a complete mastery of the body and in its final redemption from death. The devil is the personal ego who has in his freedom formed a state of consciousness peculiarly his own. When man lives wholly in the consciousness which personality has built up, he is ruled by the "carnal mind," which is the "adversary," or Satan. The mystery of the cross is hid in the overcoming of Satan. When the *I Am* identity, which is man, becomes so involved in its personal affairs that it ignores God, it lays hold of the body and rules all its functions. When this rule is broken by the power of the Christ, there is a crucifixion. It may seem that Jesus is being crucified, but this is seeming, only. Death comes to the Judas consciousness, which "hath a devil." But the body, being closely connected with this usurping mind, passes through suffering and apparent death. This is no more than appearance, because the higher principle, the Christ, resurrects the body and transmutes it to higher spiritual substance, where it enters into harmony or heaven.

The climax of man's power and dominion is set forth in the resurrection and ascension of the type-man Jesus.

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Wherefore David blessed Jehovah before all the assembly; and David said, Blessed be thou, O Jehovah, the God of Israel our father, for ever and ever. Thine, O Jehovah, is the greatness, and the power, and the glory, and the victory, and the majesty: for all that is in the heavens and in the earth is thine; thine is the kingdom, O Jehovah, and thou art exalted as head above all. Both riches and honor come of thee, and thou rulest over all; and in thy hand is power and might; and in thy hand it is to make great, and to give strength unto all.—*I Chron.* 29:10-12.

# POWER

E. V. INGRAHAM

N EVERY phase of life, power is much sought after. No matter where we go, some one is seeking power in one way or in another. It is nothing uncommon to hear some one say, "If I only had the power I would do this, or I would do that." In metaphysical circles we often hear, "If I only had power to demonstrate!" The desire for power in some degree is universal.

Every man has at his command all the potential power of the universe. That all power is given unto man, is literally true of every man in existence. The power to rise, the power to express, the power to accomplish every desire of the heart, belongs to man without even the asking. It comes with the creation of man, has been his from the beginning, given as a free gift from God.

Conscious possession of the gift comes through knowledge and use.

In one sense, man is using his power daily, and this accounts for his present condition. He uses it in the wrong direction or he so scatters his forces that no one idea or object has sufficient support to insure orderly and abiding manifestation.

One proof of man's power is found in the fact that he has so altered his own general condition, that, to himself at least, he appears to be unlike God, in whose image he was created. Can we imagine such power as is evidenced in this fact? In spite of our original nature, and in spite of the Divine Principle which always moves toward perfection, we have had the power to bring into manifestation an apparent opposite to God's creation. On the other hand, think of the wonderful possibilities of our return to Divine Perfection. If, in going against the tide of creative energy, we have brought about our

present state, what an infinitely glorious condition can we expect when we turn and work with this great flood of constructive power!

Power is the result of applied energy. The steam engine is a good illustration of this fact. Take, for instance, an engine, the boiler of which contains one hundred pounds steam pressure. This steam is not yet power; it is only potential power—only possibility. From the boiler this steam is conveyed through pipes and applied to the cylinders of the engine. As a consequence, the engine moves, and we behold the manifestation of power. Power did not result until the steam was applied. The amount of power depended upon the degree to which the steam pressure of the boiler was sustained to the point of and during application. If any leakage or stoppage occurred at any point, to that degree there was a decrease of power. Full efficiency resulted only when the application was consistent with capacity.

Man, as he was created—perfect and in dominion over all things—represents the capacity of the present man. If he does not express this capacity, it is because his potential power is obstructed, misdirected, or dissipated in some way or other. The cure for his inefficiency lies in a systematic effort to direct the latent forces in such a manner as will produce the desired result. The process by which this is done is described in the Scriptures, "decree a thing and it shall be established unto thee." This stored up capacity (creative energy) in man works itself out through formulated thought, either as ideas or as words, similarly to the way in which the energy in the engine works itself out through the cylinders.

As we have said before, man already has all the power there is, but he has either repressed his forces or directed them in wrong channels. He has had the power to demonstrate disease in the face of omnipresent health, poverty in presence of inexhaustible substance,

and seeming death in the presence of eternal life. This has all been brought about by the formulated thoughts or decrees of the thinking self. If these present conditions are to be changed, the decrees of mind must be changed and man's energies directed in different channels.

This change of thought and its manifestation is not brought about by an occasional constructive thought or mental reference to our cherished ideals. It is brought about through being constant in season and out of season. Just to the degree that our thought and our act deviate from the chosen ideal, there is a leakage or dissipation of energy, and the effectiveness of our forces is decreased just that much. These wandering tendencies of the mind are the leaks in the steam line.

It can readily be seen that the secret of power in any given direction lies in self-control, which is ability to direct and sustain our thought and act according to our choice. This does not mean that we think one thought or hold to one idea all the time. That would be limiting, indeed. But it does mean that a certain standard and purpose be maintained, and that all our thinking and acting be carried on in strict accordance with this standard. This gives ample latitude for variety of thought; but it is necessary that every thought entertained in consciousness be conducive to the fulfillment of one's chosen ideal, that it support the central purpose, working to that end.

This conscious maintaining of a high standard of thought and act is true concentration. That concentration is holding the attention to a certain point, thought or statement, is a wrong conception. True concentration is sustaining a central ideal and giving it the complete support of one's entire being.

Another lesson we can learn from mechanics is that of balance. A mechanic well knows that when a strain develops at one point in the mechanism, the developed strain must be compensated for at some other point,

else the machine will not run smoothly. The more smoothly it runs the more power it can develop, the more speed it can attain and the longer it will last. Power, speed and durability are decreased by every uncompensated strain.

Balance in man's activity is what we call poise, and where poise prevails we may be pretty sure that a considerable degree of ability is there also. But poise is not suppression or negation. It is balanced, well directed action. One more secret of mechanical power is directness. The more directly the energy is applied, the greater is the resulting efficiency. So with man, the more directly his thought and act are related to his central ideal, the greater is the efficiency resulting from the energy applied. The secret of Jesus Christ's power lay in his realization of absolute oneness with the Father.

In this connection we may profitably study the power of thought and wherein lies its greatest degree of power. If there is an infinite degree of energy available to man; if this energy does express itself through ideas, it can readily be seen that the character of the ideas sustained in consciousness is one of the primal factors in determining the degree of one's power. This is where the imagination plays its part and shows why the faculty of power logically follows imagination. As the dimensions of the cylinders on an engine determine its power, so do the dimensions of our ideas determine our expressed power. Though one's potential or available power is infinite, his expressed power is determined by the character, quality, and degree of his ideas, his ability to sustain these ideas and carry them out in action, and at the same time maintain their original standard.

Another great determining factor in this matter of one's power (and which is really a phase of imagination), is that which he is willing to admit. If one admits only the apparent powers of the personal man, his ideas are quickened only by the energies he seems to possess.

On the other hand, if he is willing to admit that every constructive word he speaks is backed up by the universal energies, his word becomes a mighty factor in his spiritual progress.

One reason why people do not get benefit from their statements of Truth is that they fail to recognize or admit the power inherent in the words themselves, depending upon that power which is accumulated through constant reiteration. Once repeating a statement, admitting that it carries with it the creative energy of God, carries greater power by far than an oft-repeated statement without this admission.

The man of authority speaks in the realization that his words are spirit and they are life, that they shall not return void but shall accomplish that whereunto they are sent. The man of authority is not given to much repetition of orders, but is more likely to meet opposition and resistance with the attitude, "I have spoken."

Do not interpret us as not favoring the continued use of a good statement of Truth. Repetition is all right if one feels the need, but our object is to emphasize the value of recognizing the inherent power in words and their natural authority, rather than depending upon the momentum gained through reiteration.

Another point exceedingly worthy of consideration in connection with the power of words or ideas, is their relationship to one's present being. The more tangible an idea is, or the more substantial it is, the more perfect vehicle it becomes through which its creative energy may act. Vague, dreamy ideas which pertain to the past or future, or which are unrelated to one's present being, are intangible. An idea becomes tangible as it becomes interwoven through the fabric of one's whole being, including his flesh and bones. When an idea becomes so closely allied with one that he begins to "feel it in his bones," all things else being equal, it is reaching its highest degree of power. When only our highest ideals are allowed to thus become closely associated within

our present being, our spiritual progress in mind, body, and affairs, will be exceedingly satisfactory.

There are two stages through which our statement of Truth may pass. The first stage is that of quickening the mind and body until they begin to comprehend the Truth. Thus the mind and body become accustomed to the activity which is characteristic of God. The second stage is that in which the mind and body have been so lifted up and merged into harmony with God that we think and act in God. We in God, and God in us, that we may be made perfect in one. It is in this state that we become the one hundred per cent man and express the power consistent with our true nature. This is the state reached by Jesus Christ when he explained that the words which he spoke were not his, but words of the Father speaking through him.

Therefore in dealing with thoughts and words, let us remember that potentially they have infinite power, and that when this is recognized and when the idea represented is released in our being and supported in every way by every phase of our being, no word spoken shall return void, but, having infinite power, shall accomplish that whereunto it is sent.

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The weakest living creature, by concentrating his powers on a single object, can accomplish something; the strongest, by dispensing his over many, may fail to accomplish anything. The drop, by continually falling, bores its passage through the hardest rock. The hasty torrent rushes over it with hideous uproar, and leaves no trace behind.—*Carlyle.*

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Power exhibits itself under two distinct forms,—strength and force,—each possessing peculiar qualities, and each perfect in its own sphere. Strength is typified by the oak, the rock, the mountain. Force embodies itself in the cataract, the tempest, and the thunder-bolt.—*Garfield.*

# EXERCISING POWER AND AUTHORITY

F. B. WHITNEY

HEN God-Mind embodied all its glorious thoughts into one perfect idea, man, there was implanted in this creation the capacity to exert power and dominion over all things. Man, in his ascent to completeness, in his upward march to a full realization of the Truth about himself, passes through that state of consciousness wherein he experiences an overwhelming desire to exercise all his God-given faculties. In this consciousness, he finds that those conditions and things which he previously feared and to which he formerly ascribed power, have no authority over him. He is called upon to actually realize the Truth of his own power, dominion, mastery, and authority, that he may clear his consciousness of any latent ideas and unredeemed beliefs in might and strength on the part of external things, other people, conditions and environments. "God gave us not a spirit of fearfulness; but of power and love and discipline." "There is but one Presence and one Power in all the universe—the Good Omnipotent."

The innate power of man remains unified with the power back of all creation, and man is ever spiritually identified with the Supreme Power. A feeling that for some reason he has been cut loose from this sustaining power behind him, is the cause of his belief that he is unable to stand against the thing that fear presents to him. But "he shall be made to stand; for the Lord hath power to make him stand." The consciousness of lack of peace, health, and substance, is proved false and cannot endure, when one enters into the consciousness of the always reliable, ever dependable, never failing power of the indwelling Christ. The consciousness of man's dominion over all things comes after finding the Christ within, and it brings every thought into obedience

to this omnipotent, impregnable, invulnerable, invincible power and might. "Ye shall receive power, when the Holy Spirit is come upon you." "That ye may be strengthened with power through his Spirit in the inward man."

Spiritual power can be developed only through ceasing to believe that there can be other powers. Daily meditation and prayer serve to discipline the thoughts into knowing that through Christ the individual has potentially all power, and practically all the power he can conceive. Metaphysicians direct all their power from the *I Am* center, from the innate individualization of God consciousness, knowing full well that Truth declared from this stronghold cannot be weakened by outer appearances. Adverse conditions never have power; they only appear to have it. God is the only power, and unless a thing is God-like and enduring and excellent, it passes from view and merges into its own.

Power used through the Spirit must always be balanced by Wisdom and Divine Love, and cannot be perverted to selfish aims or motives. Wielding the strong force of spiritual power, one needs the gauge and direction which come through love, wisdom, and good judgment, that power may be exerted wisely and well. Power from the Spirit is always good, and in its outer expression gives the individual assurance, confidence and security. It is counterfeited by the feeling of power which comes to the unregenerated man when he would bring people and conditions under his subjection without love and compassion, attempting to force issues unjustly. Although spiritual power is unwavering and uncompromising, it is at all times gentle and considerate. Love has always characterized true spiritual power; the power of Christianity comes through its preëminent doctrine of love.

Through his power and authority over demoniacal states of consciousness, Jesus cast out "devils," dispelled

from the minds of those who came to him for healing every satanic thought and base emotion. The Truth, Christ, which came to these people, removed from their minds the idea that they were fettered and bound by any evil condition. They saw that there was no power in that to which they had attributed power; they found that the authority of Truth, Jesus Christ, lifted them to the consciousness wherein dominion was given them over every error state of mind. The metaphysical healer first removes from his consciousness all belief that man can be limited or conditioned mentally, physically or financially, and then realizes that the power of God is constantly sharing itself with man, making him master over every experience and situation. When one comes for treatment, the healer simply turns upon the seeker the knowledge of this Truth, and the latter becomes able to assert his own God-given power.

Truth teachers often notice as one of the first signs that a student is awakening to the Truth, that he ceases to speak fearfully, hesitatingly, unassuredly. When power develops, the voice becomes firm, masterful, authoritative, yet gentle, loving and kind. The power of the spoken word increases with faith in his ability and through practice. As one sees his power increasing, he becomes convinced of the necessity for thinking and speaking such words as he would have create for him. Every Word of Truth spoken with a realization of the all-powerfulness of Spirit, is a living thing. "No word from God shall be void of power."

The Spirit of God dwelling in man, constantly quickens man to a consciousness of Truth; man's Word spoken through the Spirit, serves to quicken the spiritual life innate in the soul. The next step is observed in the purifying, cleansing capacity of Christ Power. Mind and body are clarified of old thought habits and expressions, and a new order is set up and established in consciousness, bodily health, and affairs. With the new life comes an appreciation of its vitalizing power,

its refreshing and sustaining ability. "He giveth power to the faint; and to him that hath no might he increaseth strength." One finds that his endurance is without limitation when he discontinues giving power and ability to things that weaken or discourage him. When one lays hold of his Christ Power, a regenerating influence springs forth in mind and soul and body, and he comes into a state of health surpassing anything he had believed possible to man.

In general use and broader sense, the purpose of Divine Power is that men may have a means of restoring all things to Christ. This is accomplished by laying aside one's personal desires and the claims of the personal self, letting the harmonizing power of the Spirit unify all people and things to the glory of God. Experience has shown us that all efforts to accomplish things through personal and selfish striving, scheming and devising, are futile, and that the highest good for the greatest number comes into manifestation through depending upon the justice and might of the Power of the Spirit. "Not by might, nor by power, but by my Spirit, saith Jehovah of hosts." The restitution of all things to Christ comes through man's letting the indwelling Spirit work out the why and wherefore, himself remaining a silent witness of the efficiency of the Spirit, although ready to actively relate himself to that which needs his efforts. We must hold ourselves at all times to be channels through which the Spirit may exercise power and authority, never questioning, never resisting, always realizing that we are but the outer vehicles for the activity of an inner power.

Let us be faithful to the teachings of Truth, ever recognizing that we have in us the only power there is, and always willing to use it lovingly and wisely, confident at all times in its authority, gratefully giving thanks to Jesus Christ for the use of it. "Now unto him that is able to guard you from stumbling, and to set you before the presence of his glory without blemish

in exceeding joy, to the only God our Savior, through Jesus Christ our Lord, be glory, majesty, dominion and power, before all time, and now, and forever. Amen."

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# IMAGINATION

HAROLD HAVELOCK SMITH

A vivid imagination is the greatest of life's gifts. It is the magic wand of the fairy, by which we are transported from our seemingly sordid and commonplace surroundings into realms of beauty and happiness. Nor is this all. Imagination, acting on a high plane, shows us possibilities of achievement.

Spiritual imagination may be called life's looking-glass in which we see ourselves as we can be, and as we *really are now*. Each idea—each "brain child"—is literally a part of us, and the beautiful image shows us what we may become outwardly.

As a cup can contain no greater volume of water than its capacity, so the mind can entertain no idea that is beyond its development. Therefore we must let God increase our capacities; we must be greater than personal imaginations. We must cultivate the spiritual imagination; it is a chart given for our guidance, and if followed, will bring us to the land of Reality.

Every invention, composition, or condition, whether it be the wireless of a Marconi, the phonograph of an Edison, the "Spring Song" of a Mendelssohn, or the wealth of a Midas, has first been imaged, was first "born" on the mental plane, before it became manifest on the physical plane.

Once conceived, the idea becomes a part of the conceiver. Once a part of the conceiver, it *is*, and outward expression is inevitable.

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Divine love is a sacred flower, which in its early bud is happiness, and in its full bloom is heaven.—*Hervey.*

# POWER OVER THE ELEMENTS

IT IS man's privilege to control the elements. This is taught in the Old Testament and it is demonstrated by the Master-Man Jesus, in the record which we call the New Testament.

When Jesus stilled the storm, he "rebuked the winds and the sea;" he also rebuked his companions because of their fear and little faith. Fear and unbelief are powerful hindrances to man's exercise of his abilities in the realms of the mind.

Elijah the Tishbite, the fearless prophet of Israel, had the courage to speak the word of Jehovah, and by it he controlled the elements. He had zeal without wisdom; therefore his methods were destructive, but he got results. His proclamation was, "As Jehovah, the God of Israel, liveth, before whom I stand, there shall not be dew nor rain these years, but according to my word." At the end of three years and six months, by the power of his word he brought rain again to the parched earth. This was not accomplished except by persistence and faithful application of the law. He said to Ahab, "Get thee up, eat and drink; for there is the sound of abundance of rain." But there was yet no visible rain. "The sound of abundance of rain" is the realization that what is to take place in the outer has already expressed in the inner. "Pray believing that ye have received and ye shall receive," is a statement of the same law. The mind must conceive and then mentally picture what it desires. "Elijah went up to the top of Carmel [full of corn]; and he bowed himself down upon the earth, and put his face between his knees." Going to the top of Carmel is the realization that all things are in the Substance of Spirit. Bowing down to the earth and putting the face between the knees, represents the complete absorption in the realization of spiritual Substance. This attitude must be

continued until the demonstration appears. Elijah told his servant to go up and look toward the sea seven times. "And it came to pass at the seventh time, that he said, Behold, there ariseth a cloud out of the sea, as small as a man's hand." Then the heavens grew black with wind-driven clouds, and there was a great rain.

"Rain makers" are common among primitive peoples, and we are told that every tribe in Africa has at least one man who can produce rain to order. The high priests of the Zuni Indians never fail to bring showers when called upon, according to a recent magazine article. But this power of man over the elements is not confined to professional mystics; the so-called common people who believe the Truth are using the law and getting results according to their understanding and faith.

The writer's association for many years with metaphysicians, proves that there are always some among them who try out their powers of weather control when there is urgent call for relief from unfavorable conditions. Some of them obtain results so pronounced and so consistent to the effort that the explanation of coincidences (the favorite of doubters), seems wholly unreasonable.

A business man of St. Louis says he has treated drouth, heat and cold situations, for the past three years, and failed but twice in the forty-two instances of which he kept a record. A young man who takes long hikes, says he found that rain did not touch him when he affirmed divine protection and that now he never takes a rain coat and never gets wet. He says he walked a whole day in a pouring rain and was not even damp. This case is well known to many people in Kansas City, and the young man's reputation for truthfulness is attested by all who know him.

For years Unity has been advocating that its students exercise their powers of weather control; for a

quarter of a century, our Silent Unity Society has treated for weather conditions in various localities. It is difficult to estimate the per cent of results of our efforts as a whole, but old residents claim that the weather in this vicinity is perceptibly changing. The weather this year has been especially bad all around us, while here we have had nearly a California climate all winter. We credit this to the power of the Word of Jehovah which we have been holding.

We have all reason to believe that when Truth students, in a coöperative and concerted manner, take up the control of the elements, it will be accomplished beyond peradventure. But it will require unity of thought along certain lines and persistent application of the Word of Faith. Nearly the whole race join in thoughts of doubt and derision of such methods, and this hindrance has to be overcome. But it can be done, and it is our privilege to be the pioneers in a world-wide movement to this end.

We are constantly receiving letters from Unity readers telling of their demonstrations in this field of the metaphysical work; some of these letters have been published from time to time, but not all. The claims have often been so tremendously strong that we have been timid about giving them publicity. Here are a few that have recently come to hand. We are satisfied that they are from reliable people who are not over-enthusiastic:—EDITOR.

## CONTROLLING THE ELEMENTS

I was taking a professional course at a French University in 1879, and filling for the time being the chair of mathematics. A Roman Catholic institution, professors and instructors were men in holy orders; while I, a Darwinian pantheist, had no place in my philosophy for an "Immaculate Conception," or an anthropomorphic God.

The early summer was bone dry. A forest fire, a gehenna of smoke, heat and flame, bore down upon the cultivated district the other side of "the mountain." The

destruction of crops and homes, granaries and outhouses, seemed inevitable. Following the religious custom of the Catholic *contadini*, of Europe, a delegation of peasants came to the University and asked one of the priests to accompany them and "stop the fire," which had now almost reached the great highway which separated the forest from the cultivated country side.

The peasants selected their own thaumaturgist. From among some eighty ecclesiastics, they chose an aged priest who was what Italians call "*un uomo semplice e dabbene*" —a simple and good man. With the reputation of being a saint, it was generally conceded that he wore a hair shirt and was a flagellant. To me, up to that time, he had been a shining example of the modern contention that while the Catholic Church still produces saints, it fails to evolve *illuminati*.

I can still see this dear old man riding off in a ramshackle cart behind a donkey, the peasants trudging along afoot. And I can still feel the flash of sportsman-like indignation in which I rebuked a group of younger men in orders who were making fun of the shabby outfit and belittling the aged thaumaturgist. Jealousy? Yes!

Personally, I felt that any attempt to control the elements must necessarily prove a failure, but suspended judgment on recalling the following sentence from Arago's *eloge* of Baillie, to wit: "The man who, outside the domain of pure mathematics, pronounces the word 'impossible,' lacks prudence." I would be prudent, then, and await the outcome.

The following Sunday I interviewed these same peasants, asking them: "What did Pere Le Coeur do on reaching the fire?"

"Wearing his berretto, casaque, surplice and stole, reading his breviary, he walked up and down the highway in the smoke and heat."

"And what happened, then?"

"The wind changed to the opposite point. The fire turned back, died out."

"So he stopped the fire?"

"Yes, Doctor, in the midst of an inferno, he stopped the fire."

Two weeks later the same peasants came for Pere Le Coeur to accompany them and "bring rain" to save their crops. Again, he visited the district, read his *Breviarium Romanum* and—it rained copiously.

## "RAINS IN THEIR SEASONS"

About four years ago, I had a very fine garden. As often as rain was needed, I would go out into the garden, and pray. My preparation for the work was this:

First. I would go into the secret place, and become conscious of His presence; with perfect faith in His word of promise, I then asked for rain, believing that it would be given.

Second. I would repeat silently and aloud: "I know that my Father wants me, and all his creatures, to have every good and useful thing, and what I desire for myself I desire for all his creatures."

Third. With much receptivity of consciousness, I praised and gave thanks, claiming the blessed rain was then falling on all needy vegetation. I would imagine I could feel the rain pattering down upon my upturned face; I saw it falling everywhere.

I have never failed to get the desired results.

If there was too much rain, I followed the same preparatory course, but claimed and gave thanks for the beautiful, bright sunshine everywhere. I would see fair weather everywhere.

I use this method for changing cold weather into warm, for God in us is perfect warmth and comfort within and without.

## PROTECTED

I have been studying Unity literature for about fifteen months, and find that of all our demonstrations, weather conditions are the easiest to control by prayer.

When drouth is threatened, declare: "Let the moisture descend that our crops may come to their full fruitage."

The words are to be suited to the conditions prevailing. Then look ahead, seeing plants as they should be if well provided with moisture; let the mind's eye travel on through the different stages of growth to a bounteous harvest.

The best time to proceed with this realization is at night, when one has retired from the active work of the day. Having spoken the necessary words and entered into the Spirit that connects with the Divine Plan, close the eyes, and in imagination hear the gentle drops of rain pattering on the roof; see the rain as it falls on the plants and ground, then the little rivulets of water forming, and so on, until your imaging work becomes a reality.

Last spring my neighbor lost all his apricot crop, by freezing, but the cold did not hurt our crops. Our trees

were loaded. I went to bed the night of the freeze, and proceeded to realize this idea: "Let the apricots be protected from frost and all other unfavorable weather conditions, that they may be brought to full fruitage for feeding the children of God." In imagination, I saw the trees protected that night, later in full bloom, then the green fruit as it gradually grew larger into the golden harvest of ripe apricots.

My husband is now hauling in corn that will produce at least 100 bushels to the acre. All our crops are a full harvest, although the summer was dry. During the dry period I declared each night, "Let the crops be protected from injury by drouth, and let the rain descend, that the corn and other crops may come to a full harvest for feeding God's children."

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## "THE CLOUDS POURED OUT WATER"

At the time of the opening of the Oklahoma Strip for settlement, there was a great drought in Southern Kansas, where many homeseekers were camping, waiting to run for a claim at the appointed hour.

My home was two miles from the Oklahoma line. We had no rain for a long time, the dust was many inches deep, the heat was intense, the city water, cisterns, etc., were getting very low, and the seekers for land had many horses to water. Where to obtain sufficient water supply, was becoming quite a problem.

I had been reading in the paper how the churches for two or three weeks had been praying for rain, and still the heavens gave no answer. I was doing up my noonday dishes and thinking, "If only they knew how to pray aright, they might have had rain long ago," when the inner Voice said to me, "Why do you not do it?" I immediately answered, "I will."

Having finished my work, I went out on the front porch and seated myself, to pray for rain. The word that came from the indwelling Spirit was, "Let the clouds be gathered together unto one place, and let the gentle rain descend."

I centered my attention directly above, and held this statement. At first there was not a speck of a cloud to be seen; after a little, there appeared almost invisible clouds moving hurriedly across the sky; they drew directly overhead, growing darker and darker, as I sat speaking the word. After a little rain began to fall; I arose and went

inside; it was twenty minutes since I went out in obedience to the inner guidance.

The drought was broken, we had a most glorious, refreshing rain.

On another occasion, while living in the same town, I had gone one afternoon across the town—a number of blocks—to visit a friend in Truth. We had been talking of the Truth we loved, and were lifted up in Spirit, when suddenly a windstorm arose. These were common, and often severe.

I remarked that I must run home, as I had left my house open. But before I had reached the gate of my friend's yard, the trees were bending almost to the ground. Without thought as to what or why I spoke, I simply stated, "Father, thy child is in the storm." Through my lips (but not spoken by me), the Father answered, "Peace, peace." Immediately there was perfect calm.

Scarcely a leaf moved until I reached the corner of the block, in which my home was the second house. Then the wind was let loose, and I had to run and close windows and doors.

The wind and sand blew all night, but the call of the child to the Father had been answered. I was no more in the storm, but safe at home, rejoicing in the realization, "Before they call I will answer," and that God is truly "A shelter in a time of storm."

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## DROUGHT AVERTED

In the spring of 1915, I was living in Montana, near the Canadian border. The worst drought in years, occurred in 1914. We had seeded and lost 450 acres of grain, and nearly all the people had experienced a hard winter on their homesteads. It was doubly hard to get seed for the next spring's planting.

We seeded 200 acres, however, and hoped for the usual rains of May and June to assure a crop.

All winter I had been reading "Unity" and "Lessons in Truth."

When the seeding was nearly finished, it was noticeable that wherever one went, some one was sure to remark on the delay of rain, until about six weeks of sunshine had dried out most of the winter's moisture, and one could sense the feeling of fear in every rancher's heart. Immediate rain was imperative. But skies were bright and days were getting hot.

One day I determined to try my unused powers and demonstrate that rain can be called forth by faith. I found the verse, "For I will pour water upon him that is thirsty, and streams upon the dry ground." I felt that this statement expressed what was needed—enough rain to fill the cracks which were opening in the hard prairie, and enough to make floods on the surface.

For a week I repeated the statement many times each day, but the only result was gathering thunderclouds, which passed over with a sprinkling of drops, only. Such showers do no good, and they are a sign that the spring rains are over.

Suddenly it came to me that the rain was trying to come, and that something was preventing it. Then I began to examine my own heart, to cast out anything which might be hindering the Spirit's work. I had been holding unforgiving thoughts in my heart toward a sister and a brother, for more than two years. I saw I must get right with them. I sat down and wrote each a letter.

Then I went outside the house and made the same affirmations as before, looked up at the countless stars in the cloudless sky, but went to bed with a feeling of great peace.

I was awakened next morning by rain, from the east, where all the heavy rains come from. It rained three days, filling the cracks; water stood on top of the ground in little floods and puddles. They said the water penetrated from six to ten inches. Crops were abundant, as my thought had reached to all who had suffered the previous year.

My husband had never known rain from the east to come without at least three days of east wind.

## "THE WATERS WERE DRIED UP FROM OFF THE EARTH"

When my basement was flooded with four feet of water, I commanded the water to go down out of sight. I gave this treatment at 10 a. m. At 6 p. m. the water was all gone. My neighbors pumped or bailed the water out of their basements, and they were a week at it.

## ASKING AND RECEIVING

A good rain was much needed. I prayed for the rain according to God's law of prayer, and gave thanks that it was already on its way. It came, and we had a fall of about two inches. God has never failed to send us his rain when I asked for it. I am so thankful.

## POWER PARAGRAPHS

Patience and gentleness is power.—*Leigh Hunt.*

They that govern most make least noise.—*John Selden.*

I know of nothing sublime which is not some modification of power.—*Burke.*

Even in war, moral power is to physical as three parts out of four.—*Napoleon I.*

All violence, all that is dreary and repels, is not power, but the absence of power.—*Emerson.*

Power acquired by guilt was never used for a good purpose.—*Tacitus.*

Where power is absent we may find the robe of genius, but we miss the throne.—*Landor.*

We love and live in power; it is the Spirit's end. Mind must subdue; to conquer is its life.—*Bailey.*

As thou directest the power, harm or advantage will follow, and the torrent that swept the valley may be led to turn a mill.—*Tupper.*

We have more power than will; and it is often by way of excuse to ourselves that we fancy things are impossible.—*Rochefoucauld.*

Beware of dissipating your powers; strive constantly to concentrate them. Genius thinks it can do whatever it sees others doing, but it is sure to repent of every ill-judged outlay.—*Goethe.*

The greater a man is in power above others, the more he ought to excel them in virtue. None ought to govern who is not better than the governed.—*Publius Syrus.*

All persons possessing any portion of power ought to be strongly and awfully impressed with an idea that they act in trust, and that they are to account for their conduct in that trust to the one great Master, Author, and founder of society.—*Burke.*

Power is so characteristically calm that calmness in itself has the aspect of power, and forbearance implies strength. The orator who is known to have at his

command all the weapons of invective is most formidable when most courteous.—*Bulwer-Lytton.*

All who become men of power reach their estate by the same self-mastery, the same self-adjustment to circumstances, the same voluntary exercise and discipline of their faculties, and the same working of their life up to and into their high ideals of life.—*J. G. Holland.*

Real power has fullness and variety. It is not narrow like lightning, but broad like light. The man who truly and worthily excels in any one line of endeavor, might also under a change of circumstances, have excelled in some other line. Power is a thing of solidity and wholeness.—*Roswell D. Hitchcock.*

Nothing really succeeds which is not based on reality; sham, in a large sense, is never successful; in the life of the individual, as in the more comprehensive life of the state, pretention is nothing and power is everything.—*Whipple.*

There is no surer mark of a low and unregenerate nature than this tendency of power to loudness and wantonness instead of quietness and reverence. To souls baptized in Christian nobleness the largest sphere of command is but a wider empire of obedience, calling them, not to escape from holy rule, but to its full impersonation.—*James Martineau.*

"All power is given unto me,
All power is given unto me,
Go ye into all the world and
preach the gospel, and lo,
I am with you alway."

## TEXTS ON POWER

Thy right hand, O Jehovah, is glorious in power. —*Exodus* 15:6.

The God of Israel, he giveth strength and power unto his people.—*Psalm* 68:35.

Death and life are in the power of the tongue.—*Proverbs* 18:21.

Withhold not good from them to whom it is due,
When it is in the power of thy hand to do it.
—*Proverbs* 3:27.

Hast thou not known? hast thou not heard? The everlasting God, Jehovah, the Creator of the ends of the earth, fainteth not, neither is weary; there is no searching of his understanding. He giveth power to the faint; and to him that hath no might he increaseth strength. —*Isaiah* 40:28, 29.

Not by might, nor by power, but by my Spirit, saith Jehovah of hosts.—*Zechariah* 4:6.

Therefore doth the Father love me, because I lay down my life, that I may take it again. No one taketh it away from me, but I lay it down of myself.—*John* 10:17, 18.

. . . Ye shall receive power, when the Holy Spirit is come upon you.—*Acts* 1:8.

For this cause I bow my knees unto the Father, from whom every family in heaven and on earth is named, that he would grant you, according to the riches of his glory, that ye may be strengthened with power through his Spirit in the inward man.—*Ephesians* 3:14-16.

. . . God gave us not a spirit of fearfulness; but of power and love and discipline.—*II Timothy* 1:7.

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There can be no barrenness in full summer. The very sand will yield something. Rocks will have mosses, and every rift will have its windflower, and every crevice a leaf; while from the fertile soil will be reared a gorgeous troop of growths, that will carry their life in ten thousand forms, but all with praise to God. And so it is when the soul knows its summer. Love redeems its weakness, clothes its barrenness, enriches its poverty, and makes its very desert to bud and blossom as the rose.—*Beecher.*

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Power, carried to extremes, is always liable to reaction.—*Rufus Choate.*

# SUNDAY LESSONS

## Lesson 11, June 13, 1920.

### A SHEPHERD BOY CHOSEN KING.—I Samuel 16:4-13.

4. And Samuel did that which Jehovah spake, and came to Beth-lehem. And the elders of the city came to meet him trembling, and said, Comest thou peaceably?

5. And he said, Peaceably; I am come to sacrifice unto Jehovah: sanctify yourselves, and come with me to the sacrifice. And he sanctified Jesse and his sons, and called them to the sacrifice.

6. And it came to pass, when they were come, that he looked on Eliab, and said, Surely Jehovah's anointed is before him.

7. But Jehovah said unto Samuel, Look not on his countenance, or on the height of his stature; because I have rejected him: for Jehovah seeth not as man seeth; for man looketh on the outward appearance, but Jehovah looketh on the heart.

8. Then Jesse called Abinadab, and made him pass before Samuel. And he said, Neither hath Jehovah chosen this.

9. Then Jesse made Shammah to pass by. And he said, Neither hath Jehovah chosen this.

10. And Jesse made seven of his sons to pass before Samuel. And Samuel said unto Jesse, Jehovah hath not chosen these.

11. And Samuel said unto Jesse, Are here all thy children? And he said, There remaineth yet the youngest, and, behold, he is keeping the sheep. And Samuel said unto Jesse, Send and fetch him; for we will not sit down till he come hither.

12. And he sent, and brought him in. Now he was ruddy, and withal of a beautiful countenance, and goodly to look upon. And Jehovah said, Arise, anoint him; for this is he.

13. Then Samuel took the horn of oil, and anointed him in the midst of his brethren: and the Spirit of Jehovah came mightily upon David from that day forward. So Samuel rose up, and went to Ramah.

GOLDEN TEXT—*The Spirit of Jehovah came mightily upon David from that day forward.*—I Sam. 16:13.

SILENT PRAYER—*The Spirit of God is upon me anointing me for my spiritual ministry.*

Saul (Will) had become exceedingly selfish in his rulership over the children of Israel. (Will, when selfish, always leads to disappointment.) It had become necessary for Samuel to appoint a new king over the Israelites.

All of these kings were types of the Christ, but no one attained the full Christ stature until Jesus came. So it is with the forces which arise in the individual. Until the ruling factor in one's life can be maintained as a perfect unit in Divine Mind, the individual will fall short of meeting his divine possibility. Selfishness always separates one from the whole, while the Christ is a product of absolute oneness with the Father.

When an exalted ideal undergoes perversion, it becomes necessary to start over again under a new leadership. Samuel is now choosing a new king for Israel.

In this instance, as in the choice of Saul, we find leadership coming out of the humble walks of life.

The first son of Jesse was expected to be made ruler, because of his kingly bearing, but the Lord told Samuel to judge not by appearance. Outer appearance is not always a good index to the present activity underneath.

The next two sons represent two extremes in consciousness. Abinadab means "Father of nobility," and Shammah, means "desolation." Both extremes are out of harmony with the perfect law of Spirit, and are therefore not eligible to spiritual leadership. David's faithful service in the humble walks of life seems to have been an important factor in preparing him for his greater ministry. "He that is faithful in a very little is faithful also in much."

To serve well, wherever we serve, unfailingly leads to advancement. The slogan, "He profits most who

serves best," is familiar to every one. What is true in the world of things in this respect is also true of things spiritual.

When the desire for service is recognized in its spiritual aspect, it receives a quickening which rapidly promotes it to a position of authority.

QUESTIONS

1. What happens when will becomes selfish?
2. What is the one essential in connection with man's ruling ideal?
3. Has nobility or destitution a part in spiritual leadership? Why?
4. What insures advancement?
5. What happens when "service" is recognized in its spiritual aspect?

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## LESSON 12, JUNE 20, 1920.

## THE LORD OUR SHEPHERD.—Psalm 23.

1. Jehovah is my shepherd; I shall not want.
2. He maketh me to lie down in green pastures; he leadeth me beside still waters.
3. He restoreth my soul: He guideth me in the paths of righteousness for his name's sake.
4. Yea, though I walk through the valley of the shadow of death, I will fear no evil; for thou art with me; thy rod and thy staff, they comfort me.
5. Thou preparest a table before me in the presence of mine enemies: thou hast anointed my head with oil; my cup runneth over.
6. Surely goodness and lovingkindness shall follow me all the days of my life; and I shall dwell in the house of Jehovah for ever.

GOLDEN TEXT—*Jehovah is my shepherd; I shall not want.*—Psalm 23:1.

SILENT PRAYER—*I trust Jehovah for my supply, and I am abundantly provided with every good thing.*

This lesson steps aside from the story of David, to take up a study of the Psalm which portrays his realization of the extent to which God provides. As each

man sees the manifestations of God in the light of his own experience, David sees God as the great Shepherd, bountifully supplying his every need.

When in need of rest, God is the great guiding intelligence which leads to green pastures, or to that place of peace and quietness where complete rest is available.

When harassed by the winds of adversity and athirst for the waters of life, He leads beside still waters where one's thought is calmed and one's spirit refreshed. Even though man has transgressed the laws of his being until he finds himself deserted and alone, his very soul is restored to him by the forgiving Father.

Righteousness is the plain path revealed to the earnest seeker after Truth for Truth's sake. There was no extremity in the life of David where he did not see the possibility of direct access to God. Even in death, man's greatest extremity and last enemy, he declared "thou [Jehovah] art with me."

God was his source of comfort and abundance, even in the face of enemies,—that which appeared opposite to the Good. In his exalted states, the presence of God was the uppermost idea in his consciousness; it was the anointing or quickening power which inspired him.

The supreme realization came in the knowledge that the benefits of God are not temporary but eternal and inexhaustible. "And I shall dwell in the house of Jehovah forever."

[The most valuable way in which to study this lesson is to compare our realizations of the extent of God's provision with David's realization. A recital of specific instances where the supply of God was evidenced in one's personal life, would also add interest to the lesson.]

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## Lesson 13, June 27, 1920.

## REVIEW: THE NOBLE LIFE OF SAMUEL. —I Samuel 12:1-5; 13-25.

1. And Samuel said unto all Israel, Behold, I have hearkened unto your voice in all that ye said unto me, and have made a king over you.

2. And now, behold, the king walketh before you; and I am old and grayheaded; and, behold, my sons are with you: and I have walked before you from my youth unto this day.

3. Here I am: witness against me before Jehovah, and before his anointed: whose ox have I taken? or whose ass have I taken? or whom have I defrauded? whom have I oppressed? or of whose hand have I taken a ransom to blind mine eyes therewith? and I will restore it you.

4. And they said, Thou hast not defrauded us, nor oppressed us, neither hast thou taken aught of any man's hand.

5. And he said unto them, Jehovah is witness against you, and his anointed is witness this day, that ye have not found aught in my hand. And they said, He is witness.

13. Now therefore behold the king whom ye have chosen, and whom ye have asked for: and, behold, Jehovah hath set a king over you.

14. If ye will fear Jehovah, and serve him, and hearken unto his voice, and not rebel against the commandment of Jehovah, and both ye and also the king that reigneth over you be followers of Jehovah your God, well:

15. But if ye will not hearken unto the voice of Jehovah, but rebel against the commandment of Jehovah, then will the hand of Jehovah be against you, as it was against your fathers.

16. Now therefore stand still and see this great thing, which Jehovah will do before your eyes.

17. Is it not wheat harvest today? I will call unto Jehovah, that he may send thunder and rain; and ye shall know and see that your wickedness is great, which ye have done in the sight of Jehovah, in asking you a king.

18. So Samuel called unto Jehovah; and Jehovah sent thunder and rain that day: and all the people greatly feared Jehovah and Samuel.

19. And all the people said unto Samuel, Pray for thy servants unto Jehovah thy God, that we die not; for we have added unto all our sins this evil, to ask us a king.

20. And Samuel said unto the people, Fear not: ye have indeed done all this evil; yet turn not aside from following Jehovah, but serve Jehovah with all your heart:

21. And turn ye not aside; for then would ye go after vain things which cannot profit nor deliver, for they are vain.

22. For Jehovah will not forsake his people for his great name's sake, because it hath pleased Jehovah to make you a people unto himself.

23. Moreover as for me, far be it from me that I should sin against Jehovah in ceasing to pray for you: but I will instruct you in the good and the right way.

24. Only fear Jehovah, and serve him in truth with all your heart; for consider how great things he hath done for you.

25. But if ye shall still do wickedly, ye shall be consumed, both ye and your king.

GOLDEN TEXT—*I will instruct you in the good and the right way.*

SILENT PRAYER—*My wisdom cometh from above and my instruction from the Lord my God.*

[This is the regular review Sunday, and those who desire to do so may go over the most vital points in the lessons for the quarter. We give below the interpretation of the regular Scripture lesson selected for today.]

Facing that which is real (Israel), the spiritual man sooner or later comes to the point of final reckoning before he goes on into a fuller degree of unfoldment. This is depicted in today's lesson as Samuel's calling the Israelites to witness against him. If he had taken from another, if he had defrauded, oppressed or exacted ransom from any, he wished to repay.

While every day is a day of judgment for man, yet there come great periods of readjustment when more complete reckonings are made. These recurring judgments become increasingly thorough until we reach the adjustment which covers the whole life, when all our shortcomings and wrongdoings are rectified. At such a moment one needs to be fearless and make a straightforward declaration. This may not be difficult where one's record is as good as was Samuel's. If one's record has not been just what it should, there is all the more necessity for a fearless effort to make a complete adjustment. What would we not give today to feel that every one about us might truthfully say, "Thou hast not defrauded us, nor oppressed us, neither hast thou taken aught of any man's hand"?

But this lesson does not apply to the outer only. It

refers equally to the faculties and forces of the individual, because right-use-ness is just as essentially applicable to man as to men. No willful demands upon or suppression of one's forces will result in satisfactory attainment.

As the crucifixion of Jesus preceded the resurrection of the Christ, so did the adjustments of Samuel precede the presentation of David as king, and so does the redemption of all the faculties and forces of the individual precede his full spiritual illumination. It then remains for the individual to live by the Spirit which has been awakened by this process.

QUESTIONS

1. Does man reach a point of final reckoning in his spiritual ongoing? How does this differ from the daily reckoning or judgment?

2. What is one of the greatest needs in one's final reckonings?

3. Does the law of right-use apply to the inner man as it does to the outer? How?

4. What does the final adjustment made by Samuel symbolize?

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## LESSON 1, JULY 4, 1920.

### DAVID IN CAMP AND COURT.—I Samuel 17:40-49; 18:5-9.

40. And he took his staff in his hand, and chose him five smooth stones out of the brook, and put them in the shepherd's bag which he had, even in his wallet; and his sling was in his hand: and he drew near to the Philistine.

41. And the Philistine came on and drew near unto David; and the man that bare the shield went before him.

42. And when the Philistine looked about, and saw David, he disdained him; for he was but a youth, and ruddy, and withal of a fair countenance.

43. And the Philistine said unto David, Am I a dog, that thou comest to me with staves? And the Philistine cursed David by his gods.

44. And the Philistine said to David, Come to me,

and I will give thy flesh unto the birds of the heavens, and to the beasts of the field.

45. Then said David to the Philistine, Thou comest to me with a sword, and with a spear, and with a javelin: but I come to thee in the name of Jehovah of hosts, the God of the armies of Israel, whom thou hast defied.

46. This day will Jehovah deliver thee into my hand; and I will smite thee, and take thy head from off thee; and I will give the dead bodies of the host of the Philistines this day unto the birds of the heavens, and to the wild beasts of the earth; that all the earth may know that there is a God in Israel,

47. And that all this assembly may know that Jehovah saveth not with sword and spear: for the battle is Jehovah's, and he will give you into our hand.

48. And it came to pass, when the Philistine arose, and came and drew nigh to meet David, that David hastened, and ran toward the army to meet the Philistine.

49. And David put his hand in his bag, and took thence a stone, and slang it, and smote the Philistine in his forehead; and the stone sank into his forehead, and he fell upon his face to the earth.

5. And David went out whithersoever Saul sent him, and behaved himself wisely: and Saul set him over the men of war, and it was good in the sight of all the people, and also in the sight of Saul's servants.

6. And it came to pass as they came, when David returned from the slaughter of the Philistine, that the women came out of all the cities of Israel, singing and dancing, to meet king Saul, with timbrels, with joy, and with instruments of music.

7. And the women sang one to another as they played, and said, Saul hath slain his thousands, And David his ten thousands.

8. And Saul was very wroth, and this saying displeased him; and he said, They have ascribed unto David ten thousands, and to me they have ascribed but thousands: and what can he have more but the kingdom?

9. And Saul eyed David from that day and forward.

GOLDEN TEXT—*David behaved himself wisely in all his ways: and Jehovah was with him.*—I Samuel 18:14.

SILENT PRAYER—*I walk uprightly before God, that he may be with me in all my ways.*

The story of David and Goliath is one of the most familiar of all Bible stories, and it is also one from which many practical lessons can be drawn.

The power of Goliath seems to have existed principally in his ability to frighten the Israelites. Their fear of him was induced by his great size and his pomp of outer display. Physical strength is prone to brag, and in the vanity that leads to boasting lies its utter weakness. Knowing this, David approached Goliath in a simple and inoffensive manner which aroused the contempt of the giant and made him easy to defeat. Goliath stood for his own strength on account of size and position, and David went forth with but one idea —to prove that there was a God in Israel. When one goes forth to prove his own strength he sooner or later comes to grief, but he who goes forth to prove the power of God is guided in every way and is the inevitable victor.

This lesson may also be considered in the individual as a desire for both spiritual and worldly advancement. Side by side these desires are striving for supremacy, each in turn occupying a relative degree of importance in the mind. Even Jesus Christ had presented to his consideration the possibility of ruling over all the kingdoms of this world.

It does not take much of spiritual understanding to know the futility of so-called material advancement and power, but it does require very definite and well directed activity to really correct one's tendencies in this direction. The lure of pomp and power is great to the one who does not fully realize the Truth that exists under all manifestation.

The giant of outer splendor often looms up before the spiritual aspirant, but he is not conquered by negative measures. The best means are always the simple, direct ones. To meet adversity with its own tactics but arouses it; to meet it with the direct declaration of Truth renders it an easy victim.

QUESTIONS

1. What was one of the secrets of Goliath's power?
2. How should spiritual man approach opposition?
3. What should be the one great object back of all overcoming?
4. What is one of man's great temptations?
5. How are one's material tendencies corrected?
6. What happens when we meet opposition with its own tactics? What will easily overcome adversity?

## THE SCULPTOR BOY

Chisel in hand, stood a sculptor boy,
With his marble block before him;
And his face lit up with a smile of joy
As an angel dream passed o'er him.
He carved that dream on the yielding stone
With many a sharp incision;
In heaven's own light the sculptor shone—
He had caught that angel vision.

Sculptors of life are we, as we stand
With our lives uncarved before us,
Waiting the hour, when, at God's command,
Our life dream passes o'er us.
Let us carve it, then, on the yielding stone
With many a sharp incision;
Its heavenly beauty shall be our own—
Our lives, that angel vision.

—*W. C. Doane.*

And he saith unto them, Whose is this image and superscription? They say unto him, Cæsar's. Then saith he unto them, Render therefore unto Cæsar the things that are Cæsar's; and unto God the things that are God's.—*Matthew* 22:20, 21.

## A TRUE MOTHER

ALICE RUTH

"Whom do you love best?" I asked Genevieve, as the tiny maid stood beside my chair, trying to be hostess until her mamma should appear.

"I love everybody," she thoughtfully replied.

"But whom do you love best?" I insisted; "is it Mamma or Papa or Sister?"

"I love God best of all," she whispered, shyly, "but I love everybody."

As I looked into the bright eyes of the child, she met the look so sincerely that I felt love growing and glowing within me. The great Master's declaration, "To such belongeth the kingdom of heaven," seemed verified.

Genevieve's mother entered, and the little girl flitted silently from the room while Mrs. Ransom greeted me. I congratulated her on possessing such a lovable child.

"Yes," she acknowledged frankly, "people usually love Genevieve, though she is not a precocious child; she neither recites nor dances, as several little six-year-olds in the neighborhood do with marked ability, but she is obedient, affectionate, and cheerful."

"I am much interested in the training of children," I resumed, "and I should like to know your method."

"First of all," she smiled, "I teach by example; you know that way is said to be more potent than precept. The premise of my system is, 'God, or Good is all there is.' Of course I understand that God is Spirit and that Spirit is Life, Love, Intelligence, and much more. My

mental attitude of poise kept my babies well. As a young mother, when my baby cried, I never thought colic or worms nor began anxiously to watch for symptoms. I rested in the knowing that God is good and that his pure life, untainted by dis-ease, permeated the baby. Both my babies were healthy.

"As the baby grew older and began to explore things, when the little hands reached out and damage resulted, I never said 'Naughty baby!' Babies are not naughty, only as older ones make them so by holding them in that thought.

"One who holds the principle of Divine Love and Wisdom will become resourceful in teaching babies.

"When they grow older, they soon learn the meaning of omnipresent Life, Love, and Intelligence, and how to depend on them; they learn the power of good words to bring good into their lives. Slang used by others does not affect my children. They understand that Law is one of God's names, the same as Love and Wisdom, and they understand that Law is unchangeable. We reap according to the seed we sow. Words are seeds; the daily planting of only the good seed by speaking kind and constructive words, insures peaceful and happy experiences for them. Knowing this, they protect themselves.

"I would not have you infer that my problems are all passed. While the atmosphere of my home is harmonious and restful, it is only by watchfulness and unceasing consecration that it is kept so."

"Truly, Mrs. Ransom," I remarked, "you have a system worthy of every mother's consideration; but few, I think, could work it out as practically as you have."

"It all depends on their willingness to try," Mrs. Ransom insisted. "Rearing children requires much thought and effort, but I have demonstrated that it is easier to let Divine Love and Wisdom guide in every little detail than to use physical force and have a battle to settle each new question.

"I would be glad indeed to help mothers to use this higher principle."

## CHEERFULNESS IN THE HOME

MARY S. FLINT

Everything depends upon a cheerful spirit in the home. If the mother begins the day with a smile on her face and a song on her lips, the entire family will catch the infection, for joy is always contagious. Alice Hegan Rice expresses it thus, in "Mrs. Wiggs of the Cabbage Patch:" "I believe in gettin' as much outen life as you kin—not that I ever set out to look fer happiness; seems like the folks that does that never finds it. I jes' do the best I kin where the good Lord put me at, an' it looks like I got a happy feelin' in me most all the time."

Even a rainy day is made bright when cheerfulness abounds in the home. Not only do the inmates of the household feel the Spirit of constant buoyancy, the desire to rise above and make the best of every condition in life, but the cheerfulness is felt in the community where one lives. How often one hears some one say, "I dread to have Mrs. H. call, for she will tell me a tale of woe a yard long. She just delights in talking of all her ailments, and I cannot endure it. On the contrary, Mrs. B. brings sunshine and good cheer with her whenever she calls, for she is always seeing the good in every one, and she radiates the spirit of contentment." One lady of the writer's acquaintance who was ever a perfect embodiment of cheerfulness, took this for her daily motto:

> Life's real troubles are not few,
> Why seek to add unto their sum?
> Give me the wisdom, old and true,
> To take things as they come.

It is difficult for the mother to be cheerful and patient when two or three garments that are to be worn to

school need mending at just the busiest time! It is nerve racking, to say the least, when the front door bell, the back door bell, and the telephone ring at the same moment; but one can rise above these small trials by striving to patiently answer one by one the demands made upon one's time. Is it not a joy to hear one's neighbor say over the telephone, "How happy your voice sounds; surely some great joy must have come to you! It always does me good to have a talk with you."

Each interruption in one's daily work should be welcomed as a time in which to rest! It has been truly said, "Rest is not quitting the busy career. Rest is the fitting of self to one's sphere."

We all can attain and retain a spirit of cheerfulness through rest of mind and body. It comes from the relaxation which puts one in touch with the Father within. "Come unto me, . . . and I will give you rest." "Be of good cheer; it is I; be not afraid."

After proper relaxation, the spirit of radiant cheerfulness and loving service in the home can be repeated day after day, because the Christ life within the heart of the mother has given grace and strength.

One writer of verse beautifully expresses the joy side of life in these words:

I will break forth in singing,
In singing on my way
As I go faring onward
To where the joy-bells play.
They play for me—mark time, mark time!
Before the dawn I heard them chime,
And trembled at their ringing.
The Lord, he set them swinging
The hours of this day,
And I go onward singing,
Oh! singing on my way.

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Love is God's loaf; and this is that feeding for which we are taught to pray, "Give us this day our daily bread."—*Henry Ward Beecher.*

# LOVE

I have met many people of many races in many parts of the world. I have learned that if you scowl at men they generally return the scowl. If you smile on them they respond in kind. If you are impatient with them they will resent it. If you fear them they will fear you. If you meet them with genuine frankness they will reply with open hearts. I have seen that as we do unto others so they do unto us. I have witnessed the wonderful rewards accruing to Christians when they obey the law of love that Jesus taught.

Love is the fulcrum supporting the hope of the world. Love is the one great untried factor in human relationships. Love is in the song of the birds and the thunders of the sea. Love is at the center of the heart of God. Love proclaims kinship with Jesus Christ.

There are millions of homes in civilization today where lightness of heart and the joy of life would reign if husbands in the midst of their anxieties would use the old-time gentleness with their wives, if the wives would speak forgivingly to their husbands, if the parents sympathized with their children and the children with their parents. If any of my readers doubt this let them, with infinite patience, try to the very full the beautiful and satisfying power of domestic love.

When love shall become more generously the motive of our lives, conservatives and radicals alike will find that the mutual forbearance and justice which it creates will constitute the only solvent of the hard problems we are all compelled to face. Love does away with exploitation and oppression—love is the cure for envy and strife. Love is not softness—it is strength—it often takes supreme courage to love.

There are hundreds of thousands of offices and stores, there are gigantic mills and humble shops where the use of the perfectly practical sentiment of love will neutralize the restlessness and greed that so cruelly threaten the foundations of human relationships today.

As a one-time active business man, I know that such sentiments are far more serviceable in affairs, even among men of the largest business calibre, than many think. Human interests will clash, disputes will arise, irritations will unnerve, but those who have faith to look beyond the present stress are able to meet opponents with courtesy and poise and exemplify the healing and tremendously winning power of love. It pays!—*William C. Allen.*

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## MOTHERHOOD DEPARTMENT INSTALLED

Truth students may be classed under two great heads in the uplift of the race. First are those who follow Joseph and Mary in submitting themselves and all their acts to the will of God to the end that they may bring forth the Holy Child. The second, those who follow Jesus and take the place of that Holy Child in consciousness and put on the Christ themselves.

While we teach regeneration, we teach also all the steps that lead to regeneration. We are prepared to help humanity in every experience that leads from the present development to the highest, or Jesus Christ Consciousness of Life.

While there is yet need of souls being born into the physical plane, there is need of the highest teaching by which to prepare parents for the reception and education of these souls. The Mary standard of motherhood prepares the way for the birth of the Christ, and it is through the teaching of the processes which Mary observed that we present the Motherhood Department in Unity Magazine.

All those desiring our help along these lines, please address,

UNITY SCHOOL OF CHRISTIANITY,
Tenth and Tracy Avenue,
Motherhood Department. Kansas City, Mo.

## TREATMENT AGAINST OLD AGE

Peace, dear friend; listen now to what Truth tells you. You and Infinite Life are one. There is no such thing as being old or weak. Infinite Intelligence never created time or age or weakness. All is Infinite Now. You are born anew each instant. You are vigor, fresh and full of the One Indestructible Life. Infinite Life knows no weakness. Infinite Life is strength eternal. You are forever young, full of the joyous elasticity of perennial youth. You know no weakness or wavering. Infinite Courage and Stability are yours. Be not afraid. Be firm. Be strong. Infinite Activity vitalizes and renews every tissue of your material existence. You are not rigid, but you are harmonious activity. Every joint and muscle of your body perfectly respond through the power of the illuminator, Infinite Light. The holy radiance of eternal Love softens, lubricates and stimulates every organ, every tissue, each drop of fluid in your material being. You are one with the Eternal Fountain of Life, which never began and can never end. Peace and harmony reign supreme within you. Joyous eternal youth and you are one.

Praise! Praise! Praise! Peace, peace, peace.—*Frances M. Man.*

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The only thing that will inspire us with the grace of God, is to get it. Godlike motives and desires are the grace of God. It is impossible to practice the golden rule without this grace. We can't intellectually see what we ought to do to others, but with this grace we shall perceive what God's child should do. There is no way for humanity to be taught of God except for each one to imbibe the grace of God. It is a Godlike feeling, speaking and doing. The Spirit of Truth and Wisdom is always here. Still we cannot use it until it is revealed to us. When we get it, we shall be young, healthy, pure, kind, gentle and gracious. If we lack, it is because in our consciousness we have not the grace of God.—*Fanny M. Harley.*

# OUR PAGE OF BLESSINGS

*"Before thou eatest, pause and raise*
*Thy thought to heaven in grateful praise."*

## THE WILLING PROVIDER

Or what man is there of you, who, if his son shall ask him for a loaf, will give him a stone; or if he shall ask for a fish, will give him a serpent? If ye then, being evil, know how to give good gifts unto your children, how much more shall your Father who is in heaven give good things to them that ask him? All things therefore whatsoever ye would that men should do unto you, even so do ye also unto them: for this is the law and the prophets.—*Matthew* 7:9-12.

## TABLE BLESSINGS

Let the Substance of Spirit become food unto me, and dwell in me as eternal life, health and substance.

Praise God from whom all blessings flow;
Thy blessing on this food bestow,
May Thine be every thought I think,
I, to Thy glory, eat and drink.

## FOR CHILDREN

Lord, bless not only food and drink,
But all we do and say and think,
So that from all our work and play,
We shall be better for this day.

Spirit of the Eternal, incarnate thyself in this food and transform it into the glorified Christ Body.—*E. V. I.*

Of this holy Substance symbol, given out of thy hand, our loving Father, help us to fashion bodies fit for thy habitation. Bless us in all our ways; strengthen us with thy presence wherever we go, be the power working through us, in whatever we do. So shall we not fail, but triumph eternally with Jesus Christ. Amen. —*I. O. S.*

# SOCIETY OF SILENT UNITY

*"Be still, and know that I am God."*

INSPIRED BY THE SPIRIT OF TRUTH

The Society of Silent Unity is the Absent Healing Department of the Unity work.

It has members everywhere, and helps them in every need of life.

You can become a member of this Society and receive its help if you have faith in the power of God.

We will instruct you how to pray to the Father in secret, and the Father who sees in secret will reward you openly.

Our temporal needs are met by the freewill offerings of those to whom we minister. "Give, and it shall be given unto you; good measure, pressed down, shaken together, running over." All letters are confidential.

UNITY SCHOOL OF CHRISTIANITY,
SILENT UNITY DEPARTMENT
Tenth and Tracy Avenue, Kansas City, Mo.

## CLASS THOUGHT

June 20 to July 20, 1920
Held daily at 9 p. m.

*"Jesus of Nazareth passeth by." Touching the hem of his garment of Truth, I am healed.*

## PROSPERITY THOUGHT

June 20 to July 20, 1920
Held daily at 12 m.

*The superabundant riches of the Christ Mind are mine, and I am prospered in all ways.*

## CLASS AND PROSPERITY THOUGHTS

"*Jesus of Nazareth passeth by.*" *Touching the hem of his garment of Truth, I am healed.* The healing power of the Son of man is the outer manifestation of the wholeness that characterizes the Son of God. The wholeness of the Son of God emanates a healing force which is perceptible to those who seek it. This emanation is the shining garment of Truth which error cannot smirch. It is in constant evidence to the eye of faith which sees in the full range of creation the completeness of the Creator. Reaching out the hand of faith, we touch the life-saturated vesture of the Son of God. In that contact, disease and infirmity are annulled. The cleansing virtue of the Christ emanation blots out sickness. It thrills with an electrifying baptism of health. The wholeness of the Within is borne into dominancy on a mighty surge of intuitive understanding, and health becomes apparent to the senses. This is entire healing.

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*The superabundant riches of the Christ Mind are mine, and I am prospered in all my ways.* The universe is a mass of riches, wealth in acknowledged and in unacknowledged forms. The Christ Mind is cognizant of the value of everything. It is the treasure-chamber of Infinite Good. It is the shell-specie of aboriginal peoples, the commodity-exchange of pioneer communities, the scrip of the trader, the gold of international banking systems. All mediums of exchange which man employs are symbols of the wealth which they command, but the mind is the universal symbol which commands all commodities. It commands the commodity by its command of the idea which the commodity materializes. The riches of the universal mass repose in the mind of every man. The Christ Mind draws out of the universal mass whatever the man mind needs, whenever and wherever the need appears.

# DREAMS AND THEIR INTERPRETATIONS

*In a dream, in a vision of the night,*
*When deep sleep falleth upon men,*
*In slumbering upon the bed;*
*Then he openeth the ears of men,*
*And sealeth their instruction.*
*—Job 33:15-16.*

I dreamed I was wading in the most beautiful stream of water, clear as crystal. I stooped down, and picked up as much of the water as my two hands could hold, and remarked to my companion who seemed to be with me, "Look! at this wonderful water, see how it sparkles." On looking down again, I saw hundreds of little fishes swimming toward me; I could even feel the little soft things as they touched my bare feet and ankles.

Your dream shows you are realizing the Truth. The beautiful stream of water, clear as crystal, typifies the river of Life, in which you were wading. You were actively appropriating as much of this water of life, as your two hands (the executive power of your mind) could hold. The fishes represent definite ideas of life in the Universal Life stream. These ideas are related to your material environment; you are feeling them, and you love the new viewpoints which they bring to you. Rejoice, dear friend, and think how beautiful to have hundreds of good, true life-giving thoughts coming to you. These you are able to use, for through your understanding (feet and ankles) you have felt their touch. Meditate upon this prayer: "I am consciously unified with the Life of Spirit, and through my own constructive thinking, I bring my highest good into manifestation."

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In a vision, I saw a grape vine with leaves and fruit coming from heaven, down to the top of my head. The vine and fruit seemed golden in color, but above my head for a few inches the vine was black and shiny as if covered with jet or ebony. A cherub, or Christ-child, golden in

color, was at the top of the vine. At one side was a bunch of yellow chrysanthemums, and some strawberries. I asked what they meant, and the answer was, Hospitable friends and happiness.

The grape vine represents the Christ Life bringing forth fruit in you. Jesus said, "I am the vine, ye are the branches." The cherub represents the Christ ideal coming into manifestation in your body. The ebony color above your head shows that you have an intellectual perception of the Truth. Through prayer and meditation, this perception and understanding will become illumined, spiritualized. Spiritual things must be spiritually discerned. The yellow flowers represent your wise, beautiful spiritual thoughts; the strawberries, fruits of the Spirit in your surroundings.

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In my dream it seemed that there were great blackbirds, like crows, hovering over our home, with wings partly folded, straight up like butterflies when at rest. The air seemed full of fine black soot or vapor, so that all looked quite dark; a great black meshed veil with dots in it, was over the house and fluttering along the eaves. It has left an ominous impression with me.

Your dream shows that you need to deny fear. Crows typify encroaching thoughts from without, which you are drawing to you by surrounding yourself with fear thoughts, as represented by the black veil. You are a spiritual being. Realize what this means, and know that Spirit cannot be trespassed upon. Declare that all fear in your conscious and subconscious mind is dissolved and utterly destroyed, and that you think and act from a sure spiritual basis.

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I dreamed that two men passed my place with two oxen hitched to a buggy, and it seems as if they were driving cattle. After they had gone, a large drove of cattle came by; I was afraid of them, and ran through my neighbor's yard to get home so they would not see me. I was in a large place like a church, and Mr. J., a healing practitioner, whom I know, came in; he was reading the Bible, and I, with both hands going up and down, was walking the

aisles, saying, "Praise God!" Just before I awoke I had a little baby lying beside me, nursing.

The two men represent positive thoughts of wisdom. The oxen and the cattle represent natural strength. The oxen hitched to the buggy, means that the natural strength is being disciplined, enabling it to carry forward the work of Spirit. The church is a congregation of spiritual thoughts, and Mr J. represents a thought of spiritual wisdom. The Bible is the "Living Word," and you the directive *I Am;* through the activity of these powers and praise unto God, you are bringing into expression a new state of consciousness, represented by the baby, who is drinking in the true spiritual milk.

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I dreamed that I went out one night; there was no moon shining, but instead, I saw about two dozen very large, bright stars, in a group over my head. In the midst of the group was a section of a large face, very large across the eyes and temples, mild and pleasant, looking at me all the time. I clasped my hands together over my head, and said fervently, "If it be you, Lord Jesus, come down to me," and one of those bright stars came down within a few feet of my head. As I looked around, it went up again, and another star came down, in the same way.

The cluster of stars in the heavens, represents an aggregation of high thoughts, only one step removed from Divine Intelligence. (In dreams Divine Intelligence is typified usually by the sun.) The face of the Lord Jesus Christ, means that God is manifesting himself in your understanding. The stars coming at your call, signifies the extent to which the spiritual guidance has gained authority in your life.

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Please send me interpretation of my dreams. In the first one, I was cooking ham meat, and when I went to cut it, it was covered with worms. In the second dream, the meat was ham at first, and then it turned to turkey, also covered with worms. In the third dream, I was cooking beef, and after it was put on to boil, I saw three worms work out of the meat.

Your dreams are indeed very significant. There is only one interpretation. Spirit is revealing to you that all flesh food is corruptible. You have come to that place in your spiritual ongoing, where the real self in you refuses to accept anything but the more spiritual foods,—those free from all carnivorous thoughts. A careful study of the booklet, "As to Meat Eating," will be a great help to you at this time.

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We have moved near to the foot of a range of mountains, and the other night I dreamed that I was in the vicinity of our home; there was a young lady dressed in mountain attire near by, in a reclining position; I "sensed" that she was in some love trouble. I felt a delicacy in speaking about the matter; but wishing to help her, I approached with the remark, "You seem to be blue." She admitted that she was, and I began telling her of Unity teachings and how greatly they would help her in any trouble. Looking towards the mountains, I noticed several stones falling down the side, and I said to myself, "I am glad I am not on the mountain now." In a moment or so, there were a great many stones rolling or rather falling, and all in the same direction, as if blown. Apprehension filled me. Then stones and bowlders, large and small, were flying through the air all around me, coming all from the same direction. I started on the run for home, a few blocks away, repeating, in half-trust, affirmations of God's protection and that none of the stones would strike me. I was also concerned about the safety of the family at home, and wished that we had never moved there. Then I awoke. In the dream I seemed to feel glad that my (possibly) last words were of helpfulness.

In dreams, the conscious mind transcends material limitations, and what is taking place in the cause side of being is revealed to meet a special need.

The young lady in mountain attire, symbolizes the feminine side of your nature, and more especially the high spiritual type. Her attitude, and your words, "You seem to be blue," indicate that you have not been giving proper spiritual attention to the unfoldment of your powers along this line. The rocks flying through

the air, all coming from one direction, represent the resisting power of that which you have built up instead of this Divine Nature, and it is quite evident that this error state of consciousness does not mean to be uprooted and supplanted by the finer spiritual quality, without a fight for its life. The fact that you turned to God for help, and even repeated affirmations for protection, shows that you are on the right road. In the name and through the power of the Lord Jesus Christ you may be redeemed, and *now* is the time for you to demonstrate.

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I dreamed that my husband was my brother, but that we were still partners, as we really have been during all these years. But now, he was going to marry a lovely girl of our acquaintance; she is not a friend, but merely an acquaintance. I had been married a great many years before to some one, and I could remember how happy we had been. I woke up heart-broken, with the determination that I would efface myself and not make an unacceptable third, and so spoil all their happiness.

In your dream, your husband represents the Divine Masculine within your own soul, that you, through a thought of self-sacrificing martyrdom, have let deteriorate into a lesser, secondary activity. The mere acquaintance, whom your husband married, represents a phase of the Divine Feminine within you, which, up to this time, you have not called into conscious activity in your life. The remembrance of your former marriage and happiness typifies a subconscious thought of the enjoyment you have experienced through the union with your Divine Masculine.

Your need is to realize daily that you are a child of the Most High; that you are the royal daughter of the King; that you are consciously unified with the Divine Masculine within your soul, and that you are able to express the loveliness and the beauty and the freedom of the Divine Feminine.

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I had just begun to recover from a serious illness, prob-

ably connected with my pregnant condition. I was lying awake in a room by myself, but with closed eyes. It was in the middle of the night. Suddenly I became aware of a presence approaching my cot. It was dark and grim and ominous, and it filled me with repulsion. It carried a huge, heavy lid or door off the hinges, and I knew it intended to put that object down over me. I sprang up and thrust both hands out in front of me, with all my strength opposing this action. Then suddenly, I knew that there was nothing in the room but a flood of moonlight. I lay down again, trembling and shaken. In a few moments I became conscious that the room was filling up from the other side with a Presence, beautiful, white and shining. I was filled with unutterable peace. An overshadowing love and protection seemed to emanate from it, and soon I fell asleep.

Visions are messages from the Spirit of Truth, given to meet a special need. In your vision, the dark, forbidding presence which entered was the out-picturing of the fear and pain and sorrow dominant in the race thought in regard to motherhood, and which was trying to get hold of you. However, you knew the Truth, which dissolved the error and opened the way for the incoming of the shining Christ Presence. Then you knew that the Lord was with you, and that you were safe; that there was indeed nothing to fear.

## SELECTIONS FROM THOREAU

"The body is the first proselyte the soul makes. Our life is but the soul made known by its fruits, the body. The whole duty of man may be expressed in one line: Make to yourself a perfect body."

"The perception of beauty is a moral test. When we are shocked at vice we express a lingering sympathy with it. Have no affinity for what is shocking. That virtue we appreciate is as much ours as another's. We see only so much as we possess."

"For an impenetrable shield stand inside yourself."

"To be a man is to do a man's work. The true laborer is recompensed by his labor, not by his employer. Industry is its own wages."

## EXTRACTS FROM LETTERS

I am much interested in your article on tithing in the current issue of Weekly Unity. It is most helpful. Would you kindly give me your idea as to how a housewife should tithe? Should she take a tenth of all personal income (as for instance, interest on investments in her own name), or should she take a tenth of the weekly allowance given by her husband for running expenses, or both? Perhaps this phase of the subject would be of interest to a sufficient number of women for you to publish your answer to me.

The housewife who takes up tithing should give a tenth of her own personal income and also a tenth of the weekly allowance given her by her husband, unless the husband is tithing and has already given one tenth of his income or salary before passing the allowance on to her. In the latter case, the husband and wife being one in the matter, agree as to where and how the tenth shall be used, and the offerings are from both of them. But if the wife has an income or salary apart from that allowed her by her husband, she is responsible for the tenth of that, even though the husband faithfully pays tithes out of his supply.

One is not limited to the giving of a tenth, and the wife may tithe again of that allowed her by her husband, even though he has already given tithes before handing it to her, if she wishes to do so.

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I should especially like your prayers for a better spiritual understanding. I attend Unity classes here twice a week. We have been studying "Lessons in Truth," and are now studying "Christian Healing." This study does me much good; still, I am not progressing in the Christian life as I would like, and I cannot tell why. I know that the hindrance is in myself, but cannot discover the trouble. I have one difficulty that seems to be more pronounced the last few months: I am not able to remember affirmations as I should. There are many good affirmations in Unity Magazine, and I receive help while reading, but as soon as I lay aside the magazine I seem to forget the words. In trying to go into the silence, Truth ideas come to me as

shadowy impressions of a thought, but I cannot put them into words. What is the matter with me?

You do not easily remember the affirmations and teachings of Truth because your mind has not been trained to think according to Truth. It is not necessary that one remember the exact words of a statement, so long as he gets the spirit of the thought, forming at the same time in his mind the best possible ideal of God, and keeping this ideal before the mind. Practicing this method of holding the silence will soon give one power to quickly receive in mind, and to remember words of Truth which he has previously read; he will also retain the thoughts given him from the Spirit.

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The beginner in Truth is often disposed to feel that he can shirk responsibility and individual effort in his overcoming, and that the Spirit will force him to be healthy, wealthy and wise. Such a person thinks of Spirit as something apart from himself, and has not realized the indivisible unity of God and man. "With God all things are possible," but the capacities of God are inactive until they are put into operation. "The Lord helps those who help themselves." When one has faith enough to assume God-given qualities, he finds that the Lord is back of all that he does. In order to demonstrate, man must always be a ready, willing and active channel of God-activity.

Are you trying to receive health and prosperity without earning them? Do you know that the wider the hand is opened to give, the more it can hold in receiving? If you want to receive spiritual blessings, you must give in proportion to your ideas of receiving. You cannot hoodwink the Law. It may look for a while like you are "putting something over," but all the time you are placing yourself more deeply in debt to the Law.

Many Truth people have little to say about what happens when one unwisely deals with the Law. Electricity is a mighty power for light and illumination, but

its power is destruction to the man who perverts its use. The electricity is not responsible for what happens. If you are not honest with the Spirit, you are sinning against the Holy Ghost; you are unwisely manipulating an irresistible power. If you do not do your duty according to that still, small voice which continually speaks in your soul, you are placing yourself on the plane where injustice and underhandedness prevail, and you manifest negative conditions in mind, body and affairs.

We should be most grateful for the privileges we enjoy, should coöperate in Spirit, and live by the Law of Giving and Receiving. Through right and justice only can come health, understanding and supply, when these qualities are properly balanced with other essentials.

* * * * *

In regard to keeping Sunday as the Sabbath Day, we believe that every one should do according to his own faith. See Romans 14:5. It is well for people, as nations, to have one day out of the week set apart for relaxation and for meeting with other Christians in worshiping God, gaining spiritual understanding, etc. But one should not be so bound up in the outer observance of any day that it becomes a bondage to him. The true Sabbath is explained on page three of the booklet, "Casting Out Demons." The outer observance of Sunday is but a type of the true Sabbath or Rest, into which God's people can enter here and now.

Unity is not opposed to Christian Science nor to any teaching or person. We teach the Truth as it is revealed to us, and we seek to practice it in all our ways; we do not resist, criticise, or condemn, other forms of religion. We are not like the Christian Scientists in our application of Truth, though we both do healing; nor do we call ourselves Divine Scientists. We are a School, or Society, and go by the name of The Unity School of Practical Christianity. The booklet, "Practical Christianity," gives some of the main points

of difference between our teaching and that of Christian Science.

We do not wish to pass judgment as to the words any one should use, but we are sure that as one learns to love and reverence God more and more deeply, all his words and outer acts will show forth this state of his heart. "Out of the abundance of the heart the mouth speaketh," said Jesus Christ. Do not dwell on seeming errors in any one, but rather bless him and declare the Truth of Being for him, for in Spirit and in Truth he is the perfect, blameless child of God.

* * * * *

There is some difference in man's opinion between what constitutes goodness and what is the Christ standard of Truth. Many of the so-called "virtues" of man are among the most harmful, so far as his health is concerned, and are, of course, errors. Take for instance, an over amount of personal sympathy; this makes one weak and negative. Self-condemnation is another error; it is often mistaken for humility. Any negative state of mind is destructive; and, when to negativeness is added the belief that it is God's will for one to be sick and have trouble, one cannot very easily exercise the healing faith that is necessary to lift him into health.

One must be positive in the Truth—the Good—if he is to reap the results of good. One who has expressed himself, even though along error lines, is more apt to express himself positively in faith when he recognizes the Truth, than is one who has always been negatively good. He will be healed while the negative one is groping about for the way of healing.

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In these days of science and metaphysics, plain, old fashioned faith, such as Jesus Christ taught and demonstrated in all his healing and mighty works, is often overlooked or underrated as a means to demonstration. But such faith is the very foundation of all great spir-

itual work, and it always must be acted upon in order to bring the desired results, for "faith apart from works is barren."

Persons may say that they have faith in God, but if they at the same time resort to material remedies for health, they give the lie to their testimony of faith, and perfect results are never obtained. This holds good in the case of an advanced student of Truth as well as for a beginner, for there is but one Law for all. There are many Truth students who are very faithful in their denials and affirmations, in their silent hours, etc., but who really depend on their own efforts more than they realize. If they would let the power of the Spirit work in and through them fully, they would receive more satisfying results in their overcoming life. This does not mean that one should become careless and cease his prayers and meditation on Truth, but he should see that his faith is in God and not in his own efforts; meditations, prayers, denials, affirmations, should be for the purposes of strengthening faith in God and obtaining a fuller realization and consciousness of his presence and his power to do all things for us.

* * * * *

There is a story told in regard to the life and ministry of Jesus Christ, that will be helpful to you. It was said that Martha, Mary, and Lazarus, had another sister named Ruth. She was married to a very strict Jewish Rabbi, who when she accepted Christ, used her very roughly and drove her from him. She went to the home of her brother and sisters, and when Jesus came to visit them she told him about it. He advised her to go back to her home and not talk to her husband about Jesus or the new doctrine which she had taken up. She was not to mention it to her husband at all, but in her daily life be loving, kind, patient, and in all her ways live the Truth. She did this, and it was not long until her husband also embraced the Christian religion.

In this little story there is a great lesson for every

individual who has been awakened to the Truth. As soon as one knows a little of the Truth, there is a strong tendency to think he must talk it to every one and get every one else to believe as he does. This is a mistake that brings misunderstandings, as others are not always ready for the Truth, having other lessons to learn first. Then, too, the one who has been spiritually awakened, gives out his substance in talking, and when times come to live according to the love and goodness of God under seemingly trying circumstances, he falls short, and the ones to whom he has been talking judge him according to what he does, and not by what he says.

The world needs those who really live the Truth in their everyday lives, far more than it does those who run here and there and try to talk it to others, whether the others want to hear them or not. When one has learned to think only that which is pure and true and strong and right and good, and to live love, to keep well, to be patient, to let God be constantly expressed in his living as joy, peace, and Truth, his words will be filled with substance and power, and he will talk with authority, as did Jesus Christ.

We earnestly suggest to you that you seek more diligently to live the Truth every day in your home, that you do not talk about it, except to those who ask you or who are really interested in it. Your life will show forth the goodness and love of God far more than mere words can, and those about you will learn the value of Truth through your Godly life.

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Love, and you shall be loved. All love is mathematically just, as much as the two sides of an algebraic equation.—*Emerson.*

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Love is but another name for that inscrutable presence by which the soul is connected with humanity.—*Simms.*

"Jesus of Nazareth passeth by."
Touching the hem of his garment of Truth, I am healed.

The superabundant riches of the Christ Mind are mine, and I am prospered in all ways.

# SILENT UNITY HEALING

## *"What Hath God Wrought!"*

### HEALTH

*Carthage, Mo.*—My back was in such a condition that I could not get up when down. I wrote you one Wednesday morning, and after writing my letter I wondered how I would get it to the post office. I said, "I will take it myself." In getting up, I found that the severe pain had left. I got ready and walked one mile to town, feeling better every step; I could lift my feet, which I had not been able to do for over a week. I went praising God all the way, and told different ones whom I met of my healing. You may discontinue treatment as I am healed.—*Mrs. F. E. McC.*

*Brooklyn, N. Y.*—I asked prayers for my eyes. I want you to know that God has heard and honored our request.—*M. L.*

*La Grange, Texas*—A few weeks ago I wrote you for prayers that my daughter might be healed of acute indigestion. She was very ill, but thanks to God, she is now healed. You may discontinue the treatment.—*Mrs. E. K.*

*Elmhurst, N. Y.*—I praise God and give thanks that he has eliminated the catarrh from my head and that the headaches have ceased. My right shoulder, which had been troubling me for several years, is now healed. I am a lover of baseball, and in previous years I could not throw a ball without the shoulder paining me. During the winter I had been talking to this injured shoulder, praising it, and giving thanks to God that it was healed. I can now use my shoulder with ease. I thank God from whom all blessings flow.—*Mr. G. W. B.*

*Yakima, Wash.*—I am writing to thank you for prayers during my recent illness, and to testify to the glory of God. The doctors gave me up and told my sister that there was no hope; but thanks to the goodness of God, I am a well woman now and able to be around once more.—*Mrs. R. McR.*

*Centreville, Md.*—I wish to thank you for your prayers in reference to my eyes. They are healed, praise God! And my health is also much better. I have no trouble with my heart now, and I do thank God so much that through our prayers he has healed me.—*L. T. K.*

*Beatrice, Neb.*—I wish to thank you for prayers in my behalf. You may discontinue them. The wrist that I injured ten days ago is almost entirely healed now. I did not resort to medical aid, although a doctor looked at it and told me that I should have it X-rayed and set. The demonstration of Truth was indeed quick and satisfactory.—*Mrs. M. Van B.*

*Youngstown, Ohio*—Last month I wrote you concerning the swelling in my limbs, which has now disappeared entirely. I also sent a telegram concerning seeming inharmony at the office where I am employed. I am glad to say that both requests have been cared for in a wonderful way. I am truly grateful for your prayers.—*B. J. H.*

*Long Beach, Cal.*—Prayers for R. P. may be discontinued as he is perfect now, and in school he leads his class. Thanks to you many times, dear Unity, for your kind prayers to our Father in our behalf.—*Mrs. L. P.*

*Paducah, Ky.*—Three years ago, I put my brother in your care. He was desperately insane, and had to be guarded. He began to improve in two weeks after you commenced praying for him, and one can't tell now that anything was ever wrong with his mind.—*Mrs. B. J.*

*Montrose, Mich.*—I asked your prayers for F. When I wrote, his fever was over 102. He had a severe case of tonsillitis and rheumatism. I noticed after my letter was sent, he began to improve, and in two weeks was in school. I thank God and Unity.—*Mrs. M. A. T.*

*Kansas City, Kans.*—I have been healed through God and your prayers. I am indeed grateful for my help, as error had me bound in the belief of rheumatism.—*C. P. G.*

*Chicago, Ill.*—The Lord is still blessing me. My lungs are gradually healing, and I have a healthy, natural feeling in my side which was paralyzed. I was bedfast for five months, and for two and one-half months on crutches and a cane. I can walk now without the use of either. I lay between life and death, but the Lord led me away from the grave. Glory to his name! I thank you for your prayers.—*I. Y. W.*

*Philadelphia, Pa.*—I wrote you some time ago asking your prayers for myself and daughter, when afflicted with influenza. We began to recover immediately, through our faith in the power of God to heal.—*Mrs. C. A. I.*

*Hutchinson, Kans.*—"Unity" has been a great help to me, in the home and in my work in the office; my health has improved wonderfully, since I have been studying Truth, and trying to follow its teachings.—*Mrs. L. W. F.*

*Washington, D. C.*—I wrote you to pray for M. S., who was in a hospital, violently insane. Within a few days he was much improved. He grew better steadily, and in a few weeks could be seen and visited by his parents; then later was able to visit them. Recently his mother told me that the boy is now home, in his freshman year in college, absolutely sane and normal, and has gained thirty pounds. This is one of the most wonderful demonstrations I have ever known, and I am very grateful.—*B. J. H.*

*Syracuse, N. Y.*—I am writing this with a heart full of love and gratitude to God and to you for your prayers. My leg is entirely well, and the sore is healed also. You may discontinue treatment.—*A. M. J.*

*Nesbitt, Miss.*—I shall never cease to be grateful for what Truth has done for me. When a friend gave me a few copies of Unity I was almost an invalid, taking from four to six doses of medicine a day. I read the magazines again and again. I prayed for wisdom to understand, and, praise God, understanding was given me. I sent for "Lessons in Truth," and when I had finished the fifth lesson I realized that God is indeed the health of his people. That was more than twelve years ago, and since that time I have not taken medicine in any form. Now I am demonstrating almost perfect health in every respect. Also, I feel that I am succeeding in my effort to live the regenerate life. I cannot praise God enough. Inclosed find love offering. —*H. C.*

*Warwick, R. I.*—I wrote you for prayers to heal a painful foot. I thank God my foot is now well.—*Miss A. M. F.*

*Asheville, N. C.*—My brother was healed of flu and pneumonia by your prayers. The doctor said he could not get well, and the family expected him to die. I kept everybody out of his room and threw the medicine away, and in about six hours he was better. I seemed to be guided in just what to do. I even moved him to my mother's home, when the doctor said it was dangerous. I did not move him because the doctor said it was not safe to do so, or because I thought I knew more than the doctor, but something kept telling me to take him home. I know it must have been God speaking to me, telling me to take him away from the house filled with sick thoughts.—*N. H.*

*Plainwell, Mich.*—Your prayers for M. during her illness in December, were a demonstration of God's love. The change for the better came quickly, almost as "in a twinkling of an eye."—*Mrs. W. A.*

## PROSPERITY

*Oakland, Cal.*—The house in which we lived was sold, and we had to move, and it seemed necessary to go to San Francisco. We had tried for several weeks to find a home there, but failed. I wrote, asking you to hold for the house. The very next morning my daughter went over, and walked right out to a house placarded with a rent sign. It proved to be the very kind of a house we wanted. It was a plain case of demonstration, a proof that even "before they call, I will answer."—*J. J. K.*

*Memphis, Tenn.*—The Bank reached us safely; I am happy to tell you that since writing for it my husband received a raise in his salary, and in a few weeks had an engagement which will last him all summer; this will almost double his salary. I am sure this was through your prayers, and I am so thankful to God.—*Mrs. E. P.*

*Gonzales, Texas*—This is to report that I took the teachers' examination last Friday and Saturday; I made a high grade, and will receive a six-year certificate. I am thankful to God and to you. I do indeed feel that God is watching over me and is with me at all times.—*Mrs. W. C. U.*

*Fort Sherman, Canal Zone*—I have had three wonderful demonstrations as a result of your prayers and my Prosperity Bank. The first deposit in the Bank was made January 20. March 8 I was offered a position as elementary teacher in the vocational training school for soldiers at our post. I gladly accepted, and am finding the work most interesting. March 18 my husband telephoned that he had that day received his promotion, and that it was dated to be effective from January 20, the date of my first Bank deposit. Could anything be plainer! When I wrote for the Prosperity Bank I also asked prayers for my husband, that he might be freed from tobacco habit. He announced yesterday that he had quit smoking, and seemed quite happy about it.—*Mrs. A. S.*

*St. Louis, Mo.*—After writing you, I secured a position paying more than I had dared to hope for. I cannot find words with which to praise God, or to thank you. Each day I feel more and more that I am one with God. I realize more that abundance is nothing without Him. Since my prayers were for prosperity and a closer relationship with God, and since they have been answered, I ask you to discontinue.—*A. P.*

*Union, Ohio*—We thank you for your prayers for our

prosperity. We sold our property and were able to buy a larger place. We believe through your prayers and our own it was made possible. "Unity" helps us to realize more fully the power of God.—*Mr. and Mrs. C. E. G.*

*New Castle, Pa.*—On the 10th day of April, I wrote you for help for my sister, J., to locate a house, as she had notice to move, and things looked very dark; but within two weeks she got a house and was safely housed in it. I cannot find words to thank you.—*M. M.*

*Des Moines, Iowa*—Your prayers are helping me so much. My work the last month has been the best of all the months since I have been in this work.—*F. B.*

*Greenwood, Mo.*—Sometime ago, I wrote you for help in securing a position for my husband, and he now has a place. Both the size of the town and the location are just what we wished, and he has every prospect for advancement. I am so very grateful for the help I have received from Unity prayers.—*Mrs. R. W. T.*

*Indianapolis, Ind.*—Kindly discontinue prayers for a house for us, as the Father directed my wife to a place that exactly met our wishes and we have purchased it. I praise and give thanks to God for his many blessings, and thank you for your assistance.—*M. R.*

*Waukegan, Ill.*—You may discontinue your prayers for my son. He kept his position, and at a good raise in salary. This was brought about through your prayers. Praise the Lord, and thank you for your faithful service. —*Mrs. H. W. L.*

*St. Louis, Mo.*—I ask you to discontinue the treatments for G. G. Conditions have been adjusted. He has been transferred to another boat, and all is going well with him. I thank you from the bottom of my heart.—*J. A. B.*

*Oakland, Cal.*—I want to thank you for what your prayers have done for us. Right after I sent for the Prosperity Bank, my landlady asked me to take care of her house, which meant rent free, and I took it. I was very successful. My husband also received a raise in his wages. I thank God and Unity for all these blessings, and may God bless you in your work.—*Mrs. C. H.*

*Albany, Ga.*—I received the Prosperity Bank sometime ago. I must say that I am perfectly delighted with it. It has helped us wonderfully. We have never been so blessed with prosperity before. It has enabled us to get a home, just what we have always wanted.—*Mrs. O. B. H.*

*St. Louis, Mo.*—I wrote you just a few days ago for prayers for success in finding an apartment. I am so thank-

ful, as on Sunday I found a lovely six-room apartment.—*Mrs. E. P. M.*

*Merchantville, N. J.*—I want to thank you for your prayers for prosperity. About a week after mailing my letter to you I received word that I was promoted to a much better position in a different department of the institution in which I am employed. The promotion I have received puts me in line for a really good position with a much better salary than I am as yet receiving. You may discontinue your prayers, as they have accomplished their purpose.—*M. A. M.*

*Los Angeles, Cal.*—When I wrote for the Prosperity Bank I asked for special prayers, and within two weeks after the Bank came my husband changed his position. This position pays him twice as much as his former one. I have been getting more work, and everything is just lovely. I thank God.—*Mrs. R. Y.*

*Kirkland, Wash.*—Since writing you, asking for your aid in securing employment, I have had four good positions offered me. I accepted one, and this evening a friend came to tell me that his employer had sent for me to come to his company, at an increase in wages over what I am now getting. I am indeed thankful for your prayers. I hope that my experience will be of benefit to others, inducing them to follow the teachings of Christ.—*W. A. H.*

*Providence, R. I.*—I want to thank you for your prayers. God opened the windows of heaven and poured out blessings. I wish I could tell you of the wonderful demonstration just as it happened. Husband and son wanted a building, machinery and other things; business men said these would be very hard to find. They searched the city, almost discouraged. After I sent the letter to you there came a telephone call, "Building for sale, very reasonable; could occupy immediately." They got all the machinery they needed without any trouble—were guided to it. The name of the company is to be "Unity."—*Mrs. H. McK.*

*Melbourne, Fla.*—Our prayers of Truth have once more prevailed. That which was *not* lost has been restored. Last evening at six o'clock a young man came and handed Mr. K. the billfold with contents intact. Was not that a glorious demonstration?—*F. E. K.*

*Los Angeles, Cal.*—I have been blessed since I sent for your prosperity treatments. I sold my home at Roseburg, Oregon, and I have moved to Los Angeles.—*Mrs. E. M. L.*

## MISCELLANEOUS

*New Orleans, La.*—My heart is full of thankfulness and love. I wrote you about a month ago, asking prayers for harmony and love and trust among my family. I had written you about a month previous to that, for special treatment for my young daughter-in-law, and her healing was like a miracle. And now the sweet joy of living, with all of us so happy and harmonious! Bless the Lord, O my soul, and bless God's chosen ones, through whom his blessings flow.—*F. E. W.*

*Santa Cruz, Cal.*—You may discontinue prayers for baby. His disposition has changed wonderfully. Truly the Word is all-powerful. Truth is such a great comfort; I have lost all fear.—*Mrs. E. H.*

*Panama City, Fla.*—What is more beautiful than the word, "Unity!" And what has made more happy homes than these dear folks! One year ago I was a miserable stepmother, and life to me was a drag. I was cross and ill. The whole family was cross. Because there was no harmony in my family, I asked Unity to pray for me, the boys and my husband. Today we have a *new home.* My husband was close in money matters with me, thinking a wife did not need any money. He seldom smiled; had very little to say. Now I hear him singing, and he can laugh as loud as any one. I am praising God for the change. My neighbor said to me the other day, "Listen, I hear Mr. S. whistling!" Don't you think I have much to be thankful for? "Praise God from whom all blessings flow."—*Mrs. J. D. S.*

*Granger, Wyo.*—I cannot find words to express my full gratitude and praise to the Father for his wonderful blessings. I noticed a big change in my little son soon after sending my letter. Now he is like another child. When he feels inclined to disobey I silently affirm for him, and soon the love of God has done its blessed work and all is peace and harmony.—*Mrs. S. G.*

*Kansas City, Mo.*—A few days ago some harsh words were uttered to me which made me nervous and I was not myself all day. I kept trying to figure out how to get rid of the feeling of depression, but it was yet upon me until I had nearly reached home. I finally got desperate for a demonstration to relieve me and our household, and said to myself, "These words are nothing; they have no effect upon me. God is a great sea of Love permeating all of our household; we all love each other," and held the thought

for each of us. When I reached home everything was lovely and I was very much elated.—*E. H. P.*

*St. Helena, Cal.*—I wrote asking prayers for my husband who had developed a habit of spending his evenings in the pool room. I am glad to tell you that everything has turned out most harmoniously, and we are both studying "Unity." You may discontinue prayers.—*Mrs. R. E.*

*Hornell, N. Y.*—You may discontinue prayers for my husband for freedom from drinking. Praise God! Through your prayers he has entirely overcome it all.—*Mrs. N. W. N.*

*Newport News, Va.*—I have so much to thank you for. The prayers you have linked with mine in the case of my husband, who, for ten years drank daily, have been answered. He has not touched liquor for almost two months. God has blessed me abundantly, and even my little boy of five years thanks God because his daddy doesn't drink any more.—*M. E. M.*

*Hutchinson, Kan.*—I am happy to tell you that we are getting much good from your papers and help. My husband has secured a desirable position, and within the last few weeks has come to know that there is help for him through God.—*Mrs. E. C. B.*

*Tulsa, Okla.*—Your prayers, and the blessed realization of God's love and power through me have made me well.—*Mrs. W. W. B.*

*Los Angeles, Cal.*—Words cannot express the benefit I have received from the study of Unity literature. I have better health, and am so much happier and contented. I have not eaten any meat for five years, and am expressing love to everybody and everything. My sister, for whom I asked your prayers, is able to do her own work and is well both mentally and physically. She is happier than she has been for years.—*Mrs. E. C. F.*

*St. Louis, Mo.*—Through our Prosperity Bank we have learned to change our ideas and thoughts, and we are reaping abundant riches. I have been promoted to a much better position, the work is more interesting, and there is more room for advancement. Both my wife and I now realize our oneness with omnipresent Substance, and we have learned to live in the knowledge that the Good is always present. We have started tithing and there is no limit to our abundance of happiness, health, strength, prosperity, wisdom and understanding, for which we praise and glorify our indwelling Father. Kindly accept this liberty bond as a token of love.—*Mr. and Mrs. M. T. B.*

# PUBLISHERS' DEPARTMENT

## MIDSUMMER SCHOOL

The second year of the Unity School of Intensive Training opens Sunday, July 18, 1920. The session continues two weeks, closing Saturday, July 31.

The faculty which so ably presented different aspects of Truth at the Easter School will conduct the teaching work at the coming midsummer session. Not entirely the same courses will be repeated, but whatever the theme may be, attending students will find in the instructors' interpretations of subjects presented, a quickening that will reveal the immediate steps ahead in unfoldment.

These teachers are not only consecrated students of Truth, but are also living examples of what Truth will demonstrate in its disciples. They are Practical Christians, and in these lessons they will give the rules of study, prayer, meditation and application by which they became what they are.

An outline of the lessons follows:

*Lessons in The Science of Being*, covers the work to be given by Charles Fillmore. Explains basis of the Unity doctrine; gives concise exposition of the Creative Law, explaining what has been mysterious to man in his search for First Cause. Outlines for six lessons:

1. The character of God as Principle and Law, yet tender, loving Father. 2. Character of the Divine Idea, the Christ, set forth in terms so plain that any one can understand the spiritual character of man and how to manifest that character. 3. Clears up complex questions concerning the "Image and Likeness." Man and his manifestation in the Adamic consciousness. 4.

Power of thought; superconscious, subconscious, and other phases of mind. Simple method of thought control outlined. 5. Hidden power of the Word, or Divine *Logos;* how to apply in regenerating mind and body. 6. Central theme, *Prayer and Praise;* the fourth dimension, and its relation to the "lost word" metaphysically explained. Lesson sums up spiritual and psychical experiences. Twelve fundamental faculties of man explained, and the way shown for their complete expression, as in Jesus Christ. Opportunity for questions at close of each lesson. Reasonable solution given for every problem of life. Healing of mind and body; application of restoring Law given in silent meditation; prayers and class drills.

*Bible Interpretation* will be the theme of Jennie H. Croft's course. Six lessons, coming under the following outline: *The Creative Principle*, inseparable from God (the beginning) manifests through *Three Planes of Consciousness* in man, and ultimately expresses Itself in Spiritual Man. *The Word* takes flesh and gains *The Great Victory* over materiality until *The Finished Work* is shown in man's complete ascendency; the figurative teaching of parable, allegory and symbol; the inner and spiritual meaning of the written Word. These lessons interpret and point the way to individual application of the Divine Principles in daily living. The book of Job presents the same unfoldment in poetry and picture.

*Spiritual Housekeeping.* Instructions by Louise C. Newman. Housekeeping should be homekeeping. Practical application of Truth from parlor to kitchen, in body, house and mind. In the topics here offered we have a series of talks covering the right use of the days of the week, the parts of the body, harmony in the home, and the relation of health and wealth. Lesson titles: 1. *The Head of the House.* 2. *The Mother Idea.* 3. *Children of the King.* 4. *The Temple*

*Garden.* 5. *Renewal of the Body.* 6. *Whose Kingdom is Here.*

*The Practical Application of Truth*, presented in six lessons, by W. I. Hoschouer. 1. *The Faith that Wins.* Faith in action the power back of demonstration. 2. *Spiritual Susceptibility.* How to be sensitive to Truth, *only.* 3. *Bodily Immortality.* How Truth thinking and living vitalize and perpetuate the body. 4. *Soul Freedom.* Nonattachment to things of sense the way to freedom. 5. *Demonstrating Prosperity.* A consciousness of unlimited resource brings forth supply. 6. *The Brotherhood of Man.* The Christ spirit of brotherhood the complete solution of world problems.

*Fundamental Principles of Absolute Truth*, is the theme of the six lessons to be given by W. K. Miller. Two points are to be made objective. First: To present in condensed form, a course of lessons which will make the fundamental principles and laws of Being perfectly clear to the very first beginner in the study of Truth, and at the same time serve as a review of the subject to the more advanced student. Second, to show the importance of thinking and speaking, in realizing one's highest good; to make clear the relation between the seemingly most trivial thoughts and words of one's daily life and the conditions of mind, body and affairs, and then to point the way to harmonizing one's daily thoughts and words with the above mentioned principles of Truth.

*Correspondence Course*, as interpreted by Mary C. O'Neill. Correspondence Course includes the whole journey from the Adam to the Christ Consciousness: *Silence or Prayer*, is communion with God. In prayer recognition and acknowledgment of Truth lead to the realization of Truth. Prayer does not change Principle but the attitude of him who prays. *Health* is man's birthright, and through his thought he can build a health consciousness. Health comes from the realization of

our true source. *Prosperity* is gaining or advancing in that which is good. Possession of things is not prosperity; consciousness of Substance and the true source of our supply, is prosperity. Things are all right if man is the master. *Overcoming* must first be in consciousness. We must deny or erase from our minds everything that interferes with the higher or spiritual consciousness. Experience and environment are means of overcoming. *The Christ Body* is brought forth from the higher or spiritual consciousness which unifies Spirit, soul, and body. *Demonstration* is over everything that is out of harmony with the Divine Plan. It is making ourselves worthy because of our spiritual standing with God. The Great Demonstration is arriving at that depth of consciousness which manifests wholeness and perfection.

*Healing Principle and Practice*, will be taught by Ida M. Palmer. Health is man's Divine Birthright, and by applying the principles taught by Jesus Christ, man comes into his Divine Inheritance, health of mind, body, and affairs. 1. *Spirit. The Image and Likeness.* Our relation to God. 2. *Faith.* When developed, brings into manifestation that which is true within. 3. *Prayer—Silence.* That place in consciousness between man's prayer and God's answer is *silence.* 4. *Forgiveness — Love.* Forgiveness erases error thoughts from consciousness and gives positive thoughts of good. "Love . . . is the fulfillment of the law." 5. *Consciousness of Substance is Prosperity.* We may demonstrate before we reach this consciousness, but prosperity abides in the consciousness of omnipresent Substance. 6. *The Spoken Word.* Healing Service.

*The Silence;* an exposition by E. V. Ingraham. 1. *Preparation for the Silence*, deals with the mental and physical attitudes which make for the proper approach to the silence in order that its benefits may be easily obtained. 2. *The Silence.* What it is; the most

effective means of attaining; clearing up mystical and indefinite ideas; making it so clear and tangible that every member of the class may actually experience the silence. 3. *Beyond the Silence*, is designed to lead the student of Truth into the search of those infinite resources and possibilities which lie beyond the stillness of his own mentality. 4. *Wisdom Through Silence.* 5. *The Strength of Silence.* 6. *The Power of Silence.* These last three lessons are given for the purpose of clearing the student's conception of what to expect from a faithful application of the silence.

*Noon Silence*, each day, 12 m. to 12:30 p. m. Conducted by Myrtle Fillmore. *Class Thought* considered and held in meditation, from 12 m. to 12:15 p. m. Following this a talk on *The Demonstration of True Prosperity.* Speaker for the day will be chosen from local Unity workers.

## DREAM INTERPRETATION DEPARTMENT INSTALLED

In the heavens of man's mind a spiritual college is organized, Jesus Christ himself being the Founder and chief Teacher. Every soul that dwells upon the earth is enrolled as a pupil in this great school, and is being taught, through some avenue or other, the way of the upward path.

This college in the heavens is established in Omnipresent Intelligence, and the innermost workings of every heart are here made clear as broad daylight. Through the Spirit of Truth universal, just the help you need is being constantly, lovingly offered you, for the purpose of wooing you to the heavenly kingdom within. However, because people have lived so much in the outer, and have not always been in touch with the higher Source of Being, the mind faculties are usually not yet keen enough to catch and read intelligibly the messages given. Therefore, when the mentality is still, as in sleep, the voice of the Master Teacher reaches

the consciousness of the soul, and the lesson one is in need of is outpictured on the imaging faculties of the mind. In this way, God's children are being educated through visions and dreams.

Unity has developed teachers who are able to read and to interpret these messages, hence the installation of this Department.

Although the interpretation of every dream and vision submitted to us requires the close study and clear discernment of a developed soul, we make no charge for the service, but, like all Unity's work, it shall be on a love offering basis. We shall let the Spirit within each one determine the compensation. The Lord provides for us when we do his loving service and make the matter known to his people.

Write out your dream or vision in condensed form, giving any incident or thought that had to do with it. Address,

UNITY SCHOOL OF CHRISTIANITY,
Tenth and Tracy Ave., Kansas City, Mo.
*Dream Department.*

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## FOR FOREIGN SUBSCRIBERS

We quite often have requests from subscribers living in Australia, South Africa, and other far distant countries that the Silent Unity "Class Thought" and "Prosperity Thought" be given in Unity Magazine for one month in advance. In response to such requests we give below the thought that will appear in July Unity Magazine:

### CLASS THOUGHT

Held daily at 9 p. m.
July 20, to August 20, 1920

*Christ, the "image and likeness" of God, is made manifest in me, and I am every whit whole.*

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### PROSPERITY THOUGHT

Held daily at 12 m.
July 20, to August 20, 1920

*Giving thanks for Spiritual abundance fills my coffers to overflowing.*

# PUBLISHERS' NOTES

Has the children's vacation always proved a satisfaction to them and to you? If so, you are an exceptional mother. To be sure, they must have a time, during the year, of relaxation from the routine of school work. But it is not necessary that this period should be spent in idleness or in running wild. Some profitable duties should occupy part of the time, at least. The wise, foreseeing mother will plan such work and recreation as will prove both attractive and developing. If you wish to combine pleasure with benefit for the children this summer, furnish them with reading matter that will fascinate while it creates ideals of life and conduct. In this way, they will have a pleasant pastime, and next year's school work will show marked results.

Unity publishes some books for children, which possess merit beyond the ordinary. In these stories, metaphysical teachings are so subtly presented that the child gets them without that feeling of being preached at. The authors of these books have made a life study of the child mind and its processes. They have maintained a balance between Truth teachings, correct and even elegant English, and entertaining style. See pages 592 and 593 for description and prices of these books.

Don't forget Wee Wisdom, our beautifully illustrated magazine for children. See inside of back cover for description and price.

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Please read the following suggestion which recently came in a letter: "Now I am going to suggest something which I feel to be quite just, and which will not entail any hardship on any one. Don't you think it would be a fine idea if every one in writing to you would enclose a stamp for reply? One stamp would mean hardly anything to the writer, and it would certainly mean a great deal to Unity. Just see how much good could be done with the money saved in that way! As I said before, what is one stamp in value to the sender? Every one enjoys having an answer to the letters sent you. I know I wait for your reply, even when my letter really does not require an answer; but one is always sent. This week I received a little note of good cheer from you, which was not even a reply to a letter. So I know how many stamps are sent out daily from Unity." Needless to say, we endorse the idea heartily.

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The Unity School makes an effort to turn out all its publications in as pleasing a form as possible. Special pride,

however, has been taken in the "Beaux Arts Series," because of the artistic make-up of the booklets, which justifies the title.

A glance at the following titles and the authorship comprising this series will convince of their worth: "All Sufficiency in All Things," by H. Emilie Cady; "Directions for Beginners," by Charles Fillmore; "Finding the Christ in Ourselves," by H. Emilie Cady; "Trusting and Resting," and "In His Name" (two essays), by H. Emilie Cady; "The Practice of the Presence," by Jennie H. Croft; "God's Hand" and "Loose Him and Let Him Go" (two essays), by H. Emilie Cady.

This whole set of six booklets is provided for $1.00; single copies are 20 cents.

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"I have had a demonstration in prosperity which convinces me that the Bank works;" writes a happy woman. "One day last month, the landlord sent word that he would have to raise our rent again on the first of April. For a while I was worried, because I didn't know how I could meet the situation. Then I began to realize and affirm 'God is my abundance.' In the evening when my husband came home, he said, 'I have good news! The manager came to me this afternoon and asked me how much I was getting a week. When I told him, he said that wasn't enough, and that he would see that I got a raise on the first of April.' (Just the day the extra amount was needed.) I should say the Bank does work."

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Extract from a letter: "For your article on Faith in the January Unity, I wish to thank you heartily, and to assure you of my sincere appreciation. One point which you so clearly cover, has given me peace and a renewed assurance in my environment. I refer to the part of the article in which you positively declare that we who 'strive to know and serve God, our reward is sure and just, no matter from what source the Spirit directs it to flow to us.' This is the point which you have cleared for me,—that our striving to serve, and know and love the Good is 'earning' our supply. Again I thank you, not only for this article, but also for the Faith number of Unity."

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A lawyer friend sends us this word of appreciation: "I am carrying 'Christian Healing' in my inside pocket, and am studying it at all spare times. I am reading and rereading slowly, trying to digest the subject matter and to incorporate it into my very consciousness. This great work

is an inspired interpretation of our Bible, and will be recognized as a fitting commentary on the Word of God. In my opinion, it transcends all other literature on the subject. Through a study of its pages, I have gained a strong hold on myself, to the degree that I shall find my proper place in God's universe."

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As you have already discovered, this present issue of Unity is devoted to the Power faculty, portrayed in the apostle Philip. The July number will contain a series of lessons on Understanding, represented by the disciple Thomas. August Unity has another spiritual feast to offer in the subject Will, personified by Matthew.

Our readers may now have an opportunity to gain a deeper knowledge of the inner working of these twin faculties, Will and Understanding.

Subscribe for your friends that they, too, may reap of this rich sowing.

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Vegetarianism is in the air these days. People everywhere are asking about it, and never has the interest in vegetarian diet been so active as at present. Unity considers a diet of vegetables, fruits and cereals essential in body regeneration. Eggs, butter, milk and cheese are also acceptable when the system needs them, but flesh eating is entirely taboo among those who are putting on the new Christ body. *Weekly Unity* has a department devoted to foods. If you want to follow a diet that is strictly in accordance with the highest form of spiritual growth and bodily health, read *Weekly Unity*.

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A few lines of encouragement for any of our readers who think they are elderly: "I am so glad that you intend to feature the brain centers, or faculties, in Unity this year. Every issue seems written for me. Perhaps it is because I am learning and understanding more. For some time I have meditated on these centers, and now I am answered by responsive realizations. In this way I keep myself in good health to the astonishment of my friends, for I have been seventy-five years on this earth. My desire is to live the Truth and prove it to my friends."

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De luxe copies of "Lessons in Truth" and "Christian Healing" may again be secured, now that we have been able to get the materials for binding. Books as precious to the hearts and souls of their readers as these two are, cannot be too handsomely bound.

The volumes are small, pocket size, bound in keratol, printed on very thin bond paper, in large clear type, with gold edges and lettering. Each volume is wrapped in a sheath of shimmery, daintily ribbed paper, and placed in a neat little box. The present price is $3.00 a volume.

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A reader of Unity gets a new home; read how: "We are now all settled in a home of our own. This is only one of the many blessings which have come to us since using the Prosperity Bank. We seem to be in a shower of prosperity since I learned from you to thank the dear, kind Father for the things which I desire. I know that he gave me the desire, and he never fails in his promises. It all seems so easy and such a blessed assurance. You have made it possible for us to live on 'Easy Street.' Thank you again."

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From a reader who lives in a mountain cabin, sixty miles from a railroad. "My four-year-old son has his Wee Wisdom. He takes it and sits in his little chair, studying over the pictures while I hold my silence. Then he climbs on my lap and we say, 'God bless all our friends and family.' The first words he learned to spell were 'Peter Pan.' I have no primer for him, so I'm teaching him to read from Wee Wisdom. He loves best the pieces of poetry, such as 'Pirates of Old' and 'Bug-a-Boo-Bill.' "

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"Concerning the influence of Unity—it is a God's own blessing all the time. As a family, we are happier and more harmonious because of its teachings. It is meat for the hungry, drink for the thirsty, rest for the weary. With Unity, a desert island would be a blessed retreat from the squabbles of a foolish world." Words direct from the heart of a Unity reader.

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Words written across a Unity renewal letter, returned to us with blank filled out and dollar inclosed: "This is the biggest dollar's worth that comes to this house."

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## QUESTION HELPS FOR "LESSONS IN TRUTH"

If you are studying Lessons in Truth you will find a list of questions on each chapter most suggestive of thought. These questions have been formulated by those who have had long experience in teaching Truth classes; and they consequently know the best points of attack in each lesson. You'll never miss the 35 cents which will bring you these study helps.

## IMPORTANT NOTICE TO SUBSCRIBERS

At the expiration of your subscription to Unity Magazine please renew at once. When a yellow blank is found under this notice, it means that your subscription expires this month. If the blank is placed in this issue, your renewal should reach us before the first of July to avoid missing the next number. Use money order if possible, but bills or two-cent stamps may be sent at our risk.

## TO FURTHER THE SPIRIT OF UNITY

Many requests for the names of our subscribers in various places are coming to us, the object of the writers being to get acquainted with others of like thought. It is a rule among publishers not to give out the names of subscribers, because people do not like to be intruded upon. However, those of the same spiritual thought are often strengthened by coming in touch with one another, and for this reason we desire to help make such acquaintances. We will not give the names of our subscribers, but instead will publish the names of those who have written to us for lists. We cannot grant the privilege to everybody; it is given to only those who we have reason to believe are sincere seekers for Truth. Application in this department must be made by the one who wishes his name published.

Jesse-Fraser, 121 Coolidge Ave., Syracuse, N. Y.

Frank Fenner, Rice Lake, Wis.

Mrs. Mamie Walls, 851 East St., Baton Rouge, La.

Dr. W. Riedl, 68 Bacon Bldg., Oakland, Cal.

Mrs. R. M. Rodringuez, P. O. B. 427, Buenos Aires, Argentina, S. A.

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Marie E. Eaton, 306 S. 2d, San Jose, Cal.

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Mrs. F. C. Roberts, 60 Marion Ave., Struthers, Ohio.

Geneieve G. Miller, 213 W. Hickory St., Canastoba, New York.

Anna Belle King, 1319½ Park St., Alameda, Cal.

Carrie H. Daniels, 279 Washington Ave., Chelsea, Mass.

## WHERE UNITY PUBLICATIONS ARE SOLD

*Cal., Alameda*—Home of Truth, corner Grand and Alameda Ave.
*Fresno*—Unity Truth Center and Metaphysical Library, 331 Forsyth Bldg.
*Los Angeles*—Home of Truth, 802 S. Union Ave.; Metaphysical Library, 910-914 Black Building; The New Thought Church, 514 Fay Building; Unity School of Christianity, Room 210, 313 West Third Street.
*Long Beach*—Metaphysical Studio, 53 Cedar Ave.
*Oakland*—Ethel R. Egy, 1531 17th Ave.
*Palo Alto*—N. T. Truth Center, 451 Channing Way.
*Sacramento*—Home of Truth, 1415 L St.
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*San Francisco*—Home of Truth, 1109 Franklin St.; California Truth Center, 68 Post St.; Occult Book Co., 1141 Polk St., near Sutter; Downtown Truth Center, 617 Shreve Building; Metaphysical Library, 3d floor Rosenthal Bldg., 165 Post St.; Mission Unity Center, 2476 Mission St.; San Francisco Truth Center, 446 Lake St.; Unity Center of Practical Christianity, 948 Post St.; Mrs. Jessie J. Knox, Unity Center, 611 Oak St.
*Santa Barbara*—Metaphysical Fellowship Reading Room, 1336 Garden St.
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*Colo., Denver*—College of Divine Science, 730 Seventeenth Ave.; The Power School of Truth, 4321 West 32d Ave.; Unity Study Class, 1340 Pennsylvania Ave.
*Pueblo*—Lydia Keeling, 108 West 10th St.
*D. C., Washington*—Woodward & Lothrop, 10th and 11th, F and G Sts.; Home of Truth, 1869 Wyoming Ave., Apt. 200; Eagles' Wings New Thought Association, 1814 N St., N. W.; I. N. T. A. Headquarters, 311 Ouray Bldg.
*Florida, Miami*—Andrew J. Hornung, 65 Ft. Dallas Park.
*Ill., Chicago*—Unity Society, 104 Auditorium Bldg.
*E. St. Louis*—Mrs. Ida M. Keller, 605A Missouri Ave.
*Ind., Indianapolis*—Unity Truth Center, 1114 Odd Fellow Bldg.
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*Mass., Boston*—The Metaphysical Club, 30 Huntington Ave.; New Thought Library, 347 Walker Bldg., 120 Boylston St.; The Larger Life Library, 18 Newbury St.; Home of Truth, 111 Newbury St.
*Springfield*—Truth Center, Room 203, 21 Besse Place; Mrs. Mary Margeson, 356 Main St.
*Worcester*—New Thought Reading Room, 216 Day Bldg., 306 Main St.
*Md., Baltimore*—Mrs. Robert Burton, 1021 Cathedral St.
*Mexico, Mexico City*—Luis Leal, Calle Tacuba 53 despacho S., P. O. Box 60 Bis.
*Mich., Detroit*—Unity Center, Margaret Wood, leader, Room 56, 213 Woodward Ave.; The Higher Thought Assembly, 213 Woodward Ave.; Miss C. C. Ayers, 59 Dexter Blvd.

*Grand Rapids*—Mrs. Fred H. Meyer, 526 North Ave.; Mrs. Ida M. Bailey, 2011 Francis Ave.
*Kalamazoo*—School of Christianity, 211 W. Dutton St.
*Minn., St. Paul*—Unity Center, 1258 Bayard Ave.; Mrs. Leroy Barton, 1884 Lincoln St.
*Minneapolis*—Society of Applied Christianity, 711 W. Lake St.; Rex & Jane Morgan, 1710 Stevens Ave.; Unity and Truth Center, 69 Bedford St., S. E.
*Mo., St. Louis*—H. H. Schroeder, 3537 Crittenden St.; Mrs. J. C. Appel, 2631 Russell Ave.; The Greenbaums, 4916 Washington Ave.
*Kansas City*—Emery, Bird Thayer Co., 11th and Walnut.
*Neb., Lincoln*—Unity Society, 13 N St., Room 502 Fraternity Bldg.
*Omaha*—Metaphysical Library, 302 Patterson Block.
*N. J., Newark*—Newark Truth Center, 435 4th Ave., near Roseville Ave., Roseville Section.
*East Orange*—Lucetta A. Robinson, 33 S. 20th St.
*N. Y., New York*—Brentano's, 5th Ave. and 27th St.; Goodyear Book Concern, 1400 Broadway; League for Larger Life, 222 W. 72d St.
*Buffalo*—Buffalo New Thought Society, 43 W. Tupper St.
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*Columbus*—Unity Center, 208 Clinton Bldg.
*Cleveland*—Unity Center, 1247 E. 29th St.; Cleveland Truth Center, 322 Lenox Bldg., Euclid Ave. at 9th St.; Mrs. Frank Ohlman, 11322 Ohlman Ave.
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*Okla., Oklahoma City*—First Divine Science Church, 727 N. Robinson St.
*Tulsa*—R. L. Benedict, 209 S. Phoenix Ave.
*Ore., Portland*—The Metaphysical Circulating Library, 27 Ainesworth Bldg.; The Realization League, 727 and 728 Corbett Bldg.
*Pa., Philadelphia*—Unity Center, 1504 Walnut St.; New Thought Book Shop, Weightman Bldg.; Truth Center, 1328 Walnut St.
*Germantown*—Germantown New Thought Library, 6223 Baynton St.
*Pittsburg*—Ministry of Truth, 610 Arch St.
*R. I., Providence*—New Thought Center, 72 Weybosset St., Room 37.
*Tenn., Nashville*—New Thought Temple Society, Commercial Club Bldg., Room 307.
*Texas, Dallas*—Mrs. E. C. Friend, 311 N. Marlborough.
*El Paso*—May O. Stevens, 209 Mills Bldg.
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*Wash., Seattle*—S. Louise Foulkes, 421 Globe Bldg.; Unity Society, 1924 10th Ave. W.; Raymer's Old Book Store, 1330 First Ave.; New Thought Congregation, 611 Alaska Bldg.; C. F. Lewis, 622 Pike St.
*Spokane*—Spokane Book and Stationery Co., 903 Riverside Ave.; The Church of Truth, corner 6th Ave. and Jefferson St.
*Australia, Melbourne*—Anna Hudson, 145 Collins St.; New Thought Book Shop, 229 Collins St.
*Western Australia, Perth*—Albert and Sons, 180 Murray St.
*Sydney, New South Wales*—Truth Center, Coles' Arcade, 346 George Street.
*Mt. Victoria, New South Wales*—The Truth Center, Sister Veni Cooper-Mathieson.
*Canada, Toronto*—New Thought Alliance, Foresters' Hall, 22 College St.; Mrs. M. Hunter-Jones, 44 Duggan Ave.
*Victoria, B. C.*—Unity Study Class, 600 Campbell Bldg.

*England, London*—L. N. Fowler & Co., 7 Imperial Arcade, 4, 5, 12 and 33 Imperial Bldg., Ludgate Circus, London, E. C.; C. Maurice Dobson, 146 Kensington High S. London, W.; The Higher Thought Center, 39 Maddox St., W1.
*St. Helens, Lancashire*—Helen Rhodes-Wallace, 32 Acland Rd.

## A COMPLETE LIST OF UNITY BOOKS

Bible, American Revised.....$3.50
Christian Healing.....75¢; $1.50; $1.50; $3.00
Lessons in Truth.....50¢; $1.00; $1.50; $3.00
Metaphysical Bible Dictionary.....50¢
Metaphysics of Raw Food.....$1.00
Miscellaneous Writings.....paper 50¢; cloth $1.00
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Walk in the Light.....paper 50¢
*Wee Wisdom's Way.....de luxe $1.50

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*Books and Booklets for children.

## Literature that Teaches Practical Christianity

# MISCELLANEOUS WRITINGS

### *Avenues to Achievement*

H. Emilie Cady

What a benediction to the world are the inspired utterances of a devoted consecration to Truth! The author of "Lessons in Truth" has, from time to time, written of her soul experiences. These have been compiled into a most spiritually quickening and readable little volume.

The separate chapters composing this collection are complete in themselves, and can be read during the daily meditation period. Titles of chapters, with a typical thought from each, follow:

In His Name. Dear friends, you who at times feel almost discouraged, you who are being continually "sandpapered" by the petty worries and anxieties of life, just try for one week always saying the *I Am* upward, toward the good, and see what the result will be. Instead of saying, "I am weak and cannot accomplish," say, "*I Am*, because Thou art; I can accomplish, because *I Am*." You will be astonished at the result.

The Spoken Word. Our spoken word first hammers the thing desired into *shape*. Our continued spoken word brings this shaped substance forth and clothes it with a visible body. The first action brings that which is desired forth from the formless toward the external as far as the psychic; the continued action brings it forth still further and clothes it with visible form or material body.

Loose Him and Let Him Go.—We may seem to hold another up for a while, but eventually he must walk alone. The time of his walking alone with his own indwelling Christ, his own true self, will depend largely upon our letting go of him. Your dear ones must have the liberty to live out their own lives, and you must let them, or else you are the one who puts off the day of their salvation.

ONENESS WITH GOD. Would you then know God, "whom to know aright is life eternal"? Go not abroad looking for the Divine. "Stay at home within thine own soul." Seek there earnestly, calmly, trustfully, the Source of All Good. Only thereby will you grow to be what you desire—self-centered, self-poised.

FINDING THE CHRIST IN OURSELVES. "Now is the accepted time, now is the day of salvation," said Jesus. He said nothing about our being saved from our distresses after death, but always taught a present salvation. God's work is finished in us now. And whatever we persistently declare is done now, is manifested now, we will see fulfilled.

TRUSTING AND RESTING. In this effort of ours to bring into manifestation the good which we know belongs to every child of God, it is when we get beyond the point where we try to do it all ourselves, and let God do His part, that we get the desires of our heart.

NEITHER DO I CONDEMN THEE. Praising God for the marvelous revelation of Himself within our own souls, let us lift up rather than condemn any who are struggling toward the light. Let us become workers together with God, doers of the law, not judges.

GOD'S HAND. Look only to God for supply. If anything is returned to you through the one to whom you give, render thanks for it. If nothing visible is returned, give thanks just the same, knowing that no man can stand between you and the inexhaustible supply.

UNADULTERATED TRUTH. The Absolute Truth is there is no lack anywhere, but an overflowing abundance of every kind of good which man can possibly desire or conceive of. Stop believing the lie. Stop speaking it. Speak the Truth. It is the spoken Truth that makes manifest.

ALL SUFFICIENCY. Abundant supply by the manifestation of the Father in us, from within outward, is as much a legitimate outcome of the Christ life or spiritual understanding as is bodily healing.

IF THOU KNEWEST. Everything undesirable passes away if we refuse absolutely to give it recognition by word, deed or thought as a *reality*. This we can the easier do when we remember that nothing is real except the eternal.

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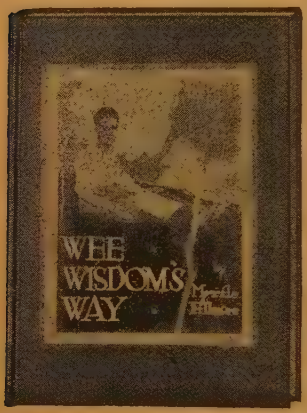


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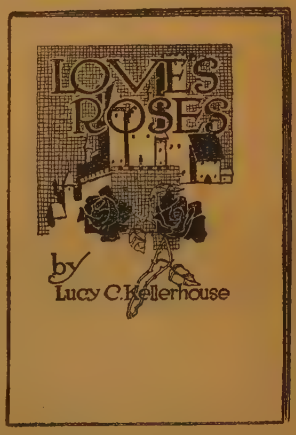

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